



VocabExtra

The new

BEST

GOTTINGER
PARGFRIEDER
VINCENT

SHOTS

FACHSCHULE

Europäischer
Referenzrahmen

A2

B1

1

Zum Konzept

Das *VocabExtra* zu *The New Best Shots – Fachschule* dient der **Festigung und Vertiefung der Key Vocabulary-Einheiten** im Buch, die das relevante Vokabular der einzelnen Units (1–10) thematisch strukturiert zusammenfassen:

- **Deutsche Übersetzung** zu sämtlichen Vokabeln / Phrases
- Durchgehend mit **englischen Beispielsätzen** unterstützt
- **Lernvokabular** zu den verschiedenen Themenbereichen der einzelnen Units
- Gezielte **Erweiterung und Festigung des Basiswortschatzes**

Das Hauptaugenmerk liegt dabei viel mehr auf der Festigung von notwendigen sprachlichen Strukturen – **phrases, collocations** – als auf der Vermittlung von einzelnen, aus dem Kontext genommenen Wörtern. Während die *Vocabulary Reference* im Anhang des Buches – mit farbig hinterlegtem Lernvokabular – als reines Nachschlageinstrument zu den Texten und Übungen der einzelnen Units konzipiert ist, macht das *VocabExtra*, ergänzend zu *LanguageBoxes*, *VocabBoosters* und Vokabelarbeit im Buch die Lernenden fit für den **aktiven Umgang mit dem englischen Wortschatz**.

VocabExtra zu

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Contents

Unit 1	
Getting to know one another	4
Unit 2	
Just another average day	8
Unit 3	
Being new at school	11
Unit 4	
Free time well spent	16
Unit 5	
Do you really need it or just want it?	21
Unit 6	
There's no place like home	24
Unit 7	
Food up your day	28
Unit 8	
The blessing of good friends and a caring family	32
Unit 9	
The social media bubble	35
Unit 10	
Safe at work	39

Unit 1 – Getting to know one another

Introducing yourself

one's first name is ... and one's surname is ...	My first name is Sasha, and my surname is Cohen.	jemandes Vorname ist ... und jemandes Nachname ist ...
to be called ... (<i>nickname</i>) by one's friends / parents / relatives	I'm called Mo by my friends / parents / relatives.	... (<i>Spitzname</i>) genannt werden von den Freunden/Freundinnen / Eltern / Verwandten
to be Austrian / Croatian / Turkish / Romanian ...	Karlo is Croatian, and his friend Razvan is Romanian.	Österreicher/Österreicherin / Kroatie/Kroatin / Türke/Türkin / Rumäne/Rumänin ... sein
to be from Austria / Croatia / Türkei / Romania ...	Aida is from Austria.	aus Österreich / Kroatien / der Türkei / Rumänien ... stammen
to speak German / Croatian / Turkish / Romanian ...	Jamil speaks Turkish fluently, but doesn't speak any Romanian.	Deutsch / Kroatisch / Türkisch / Rumänisch ... sprechen
... (<i>language</i>) is one's mother tongue	Spanish is my mother tongue.	... ist jemandes Muttersprache
to be ... years old	Harper is 30 years old.	... Jahre alt sein
to live in ... (<i>name of city / town / village</i>)	James lives in St. Williamsburg.	in ... (<i>Name der Großstadt / Stadt / des Dorfes</i>) leben
to live with one's parents and grandparents in a house / flat	Seth lives with his parents and his grandparents in a modern house / flat.	mit den Eltern und Großeltern in einem Haus / einer Wohnung leben
to have a small / big family	Nancy has a big family; she has over 50 cousins!	eine kleine / große Familie haben
one's parents are divorced	Ben's parents are divorced.	die Eltern sind geschieden
to have two / three ... siblings / brothers / sisters	Anna has three siblings. / Ann has two brothers and one sister.	zwei / drei ... Geschwister / Brüder / Schwestern haben
to not have any siblings	Edwin does not have any siblings because his parents only wanted one child.	keine Geschwister haben
to be an only child	It's not always easy to be an only child, but you do get a lot of attention.	ein Einzelkind sein
to like hip-hop / rap / pop music ...	Keara likes hip-hop / rap / pop music a lot because she loves to dance.	Hip-Hop / Rap / Popmusik ... mögen
to be one's favourite band / singer / TV series / Netflix series / film	<i>Glass Animals</i> is Kelsi's favourite band. / <i>Deadpool</i> is Nala's favourite film.	jemandes Lieblingsband / -sänger/in / -fernsehserie / -Netflix-Serie / -film sein
one's hobby is ...	My hobby is playing the guitar.	jemandes Hobby ist ...
to love / enjoy playing basketball / singing / dancing ... (<i>verb + -ing</i>)	Yoruba enjoys playing music, singing, and telling jokes with his friends.	gerne Basketball spielen / singen / tanzen
to be on ... (<i>name of social network/s</i>)	I'm on <i>Instagram</i> , <i>TikTok</i> , and <i>Snapchat</i> .	auf ... (<i>Name(n) der Social-Media-Plattform(en)</i>) sein

Describing a person's appearance

Eyes

grey / blue / green / brown / hazel eyes	My cousin has big, beautiful hazel eyes, but when she was a baby they were blue / grey / green / brown.	graue / blaue / grüne / braune / haselnussbraune Augen
dark eyes	She has dark eyes that shine brightly when she laughs.	dunkle Augen
heavy-lidded eyes	After a long day of work, Sarah sat on her couch with heavy-lidded eyes.	müde Augen / Augen mit schweren Lidern
clear eyes	After sleeping well the night before, my eyes were much clearer than normal.	klare / wache Augen

red eyes	When I am allergic to something, I get red eyes.	gerötete Augen
glasses	Sam has to wear glasses when he drives his car.	Brille
Hair		
brown / hazel / blonde / dark / light-brown / dark-brown / brunette / red / grey hair	A friend of mine has naturally red / dark / light-brown / brunette hair, but her brother's hair is blonde.	braunes / haselnussbraunes / blondes / dunkles / hellbraunes / dunkelbraunes / brünettes / rotes / graues Haar
ponytail	My mother normally wears her hair in a ponytail.	Pferdeschwanz
bald	My uncle has a bald head since he was 25; my dad is also bald.	glatzköpfig, kahl
straight hair	Marianne has very straight hair.	glattes Haar
curly hair	If you have curly hair, you shouldn't brush it when it's dry.	lockiges Haar
wavy hair	Wavy hair is easier to style than super straight hair.	gewelltes Haar
short hair	Women with short hair always seem more self-confident to me.	kurzes Haar
long hair	If you have long hair, it takes longer to wash it.	langes Haar
Nose		
short / long / straight nose	My neighbour has a very long / short / straight nose.	lange / kurze / gerade Nase
snub nose	When I was little, I had a cute little snub nose.	Stupsnase
flat nose	His flat nose made him easily recognisable in the crowd.	flache Nase
upturned nose	Her upturned nose made her look playful.	nach oben gerichtete Nase
Face		
round face	Children often have very round faces.	rundes Gesicht
oval face	Her oval face made her look very elegant.	ovales Gesicht
pale	Since he didn't spend much time in the sun, his skin was rather pale.	blass
tanned	After the summer holidays are over, my little sister is always very tanned.	gebräunt
freckles	She has so many freckles, she almost looks tanned.	Sommersprossen
wrinkles	When my grandmother turned 75, she suddenly had a lot of wrinkles.	Falten
beard	He's been trying to grow a beard since he was 15.	Bart
moustache	He carefully trims his moustache every morning.	Schnurrbart
pointed chin	His pointed chin gave him a serious look.	spitzes Kinn
Body		
bony	My boyfriend has such bony shoulders, it's impossible to lean on him without using a pillow.	knochendürr, knochig
skinny	Maggie has been skinny her entire life.	dünn, mager
slim	She's naturally slim, but she doesn't look unhealthy.	schlank, dünn

thin	The thin man smiled warmly as he greeted his neighbour.	dünn
overweight	When people don't exercise very much, they might become overweight.	übergewichtig
obese	It can be very hard on the body to be obese.	fettleibig
well-trained	He has been looking very well-trained and muscular recently.	trainiert, gut ausgebildet
athletic	I've been trying to become more athletic by playing volleyball three times a week.	athletisch, sportlich
Height		
tall	Being tall is very helpful if you want to play basketball.	groß
short	Short women often say they have trouble being taken seriously.	klein
medium-height	Mike always says he's about medium-height.	mittelgroß
huge	Ziggi is a huge guy; I think he must be taller than most basketball players.	riesig, massig
petite	Her grandmother was such a petite woman, she could shop in the children's section.	zierlich
average	Samantha's height is average; she's neither tall nor short.	durchschnittlich
to have grey / blue / green ... eyes	Our geography teacher has grey / blue / green eyes.	graue / blaue / grüne Augen haben
to (not) wear glasses because one's eyesight is good / quite bad	Robin wears glasses because her eyesight is quite bad.	(keine) Brille tragen, weil die Sehkraft gut / ziemlich schlecht ist
to have long / short / wavy / straight / brown / blonde ... hair	Kristin has short / wavy / blonde hair; it looks lovely on her.	langes / kurzes / gewelltes / glattes / braunes / blondes ... Haar haben
to wear a ponytail / a bun	When Ruti goes hiking, she wears a ponytail / bun to keep her hair out of her face.	einen Pferdeschwanz / Haarknoten tragen
to wear one's hair loose	Blaine wears his hair loose when he's on stage with his metal band.	die Haare offen tragen
to have a long / short / flat ... nose	Jack has a long / short / flat nose, but it somehow looks good on him!	eine lange / kurze / flache ... Nase haben
to have an oval / a round face	Beatrice has a cute oval / round face that makes her look very friendly.	eine ovale / runde Gesichtsform haben
to be pale / tanned	Riley is pale, even in the summer, but her sister is tanned.	blass / gebräunt sein
to have freckles / wrinkles	Susanne has freckles that appear every summer when she starts going outside more. / Tabea's grandfather has many wrinkles from his long life.	Sommersprossen / Falten haben
to be slim / thin / well-trained ...	Eliza is well-trained; she can lift more weight than most of the people in her class.	schlank / dünn / durchtrainiert ... sein
to be rather tall / short / to be medium-height	Keith is rather short; he always has to ask for help to get things off the top shelf.	eher / ziemlich groß / klein / mittelgroß sein
to be quite happy with the way I look	Eva is quite happy with the way she looks.	mit dem eigenen Aussehen ganz zufrieden sein

Describing a person's personality		
angry	Our neighbour is a very angry man; he's always yelling at his cat.	wütend
confident	The way the band walked on stage, you could tell they were confident in their talent.	selbstsicher, selbstbewusst, zuversichtlich
confused	Charlotte is confused a lot and always has to ask us to repeat what we say.	verwirrt
depressed	Chris is depressed, but he's starting to go to therapy.	depressiv
friendly	The cashier was so friendly!	freundlich
helpful	It's difficult to be helpful when you don't know what the problem is.	hilfsbereit, hilfreich
impatient	She is often very impatient when waiting for food in a restaurant.	ungeduldig
kind	Ben's grandmother has always been kind to me; she brought me cookies yesterday.	nett, liebenswürdig, freundlich
lazy	I'm feeling so lazy today; I haven't done anything but sit on the couch.	faul
optimistic	My friends and I are optimistic that we'll get a good mark on the test.	zuversichtlich, optimistisch
sensible	She is a very sensible person and always knows what the logical answer is.	vernünftig
sensitive	He is very sensitive to loud noises.	sensibel, empfindlich
stubborn	My friend Kara is as stubborn as a donkey.	stur, starrköpfig
shy	My little brother hid in his room because he is so shy around guests.	schüchtern
untidy	His former roommate was so untidy, you couldn't see the floor of his room.	unordentlich, unaufgeräumt
Describing a person you admire		
to prefer casual / sporty / elegant ... clothes	Vivian prefers sporty clothes even when she's not playing basketball.	legere / sportliche / elegante ... Kleidung bevorzugen
to love wearing oversize / colourful / branded / second-hand clothes	Jesse loves wearing oversize / colourful / branded / second-hand clothes.	gerne übergroße / bunte / Marken- / Secondhand-Kleidung tragen
to be a friendly / optimistic / helpful ... person	Belle is a very optimistic person who can cheer anyone up.	ein freundlicher / optimistischer / hilfsbereiter ... Mensch sein
to always be there for someone	Deanna is always there for me, for both the good times and the bad times.	immer für jemanden da sein
to give good pieces of advice in difficult situations	I really like my aunt Ursula because she gives good pieces of advice in difficult situations.	gute Ratschläge erteilen in schwierigen Situationen
to be able to rely on someone	Ida loves that she is able to rely on her best friend to always cheer her up when she is sad.	sich auf jemanden verlassen können
to be one's idol / one's godmother/godfather / a close friend	My mother's best friend is my idol / godmother. Rachel is a close friend of mine.	jemandes Vorbild / Pate/Patin sein / ein enger Freund/eine enge Freundin sein

Unit 2 – Just another average day

Your daily routine

to do sports	I've been doing sports since I was really small.	Sport treiben, Sport machen
to go to the gym	Every Thursday my brother and I go to the gym.	ins Fitnessstudio gehen
to brush one's teeth	Do you brush your teeth before or after breakfast?	sich die Zähne putzen
to wash one's face	My mother says I should never go to bed without washing my face.	sich das Gesicht waschen
to have a shower / a hot bath	I have a shower / a hot bath every night.	sich duschen / ein heißes Bad nehmen
to comb one's hair	It takes Monika at least twenty minutes to comb her hair.	sich die Haare kämmen, sich die Haare bürsten
to style one's hair	She doesn't like to style her hair every day.	sich die Haare stylen, sich die Haare machen
to get dressed	He sometimes gets dressed in a hurry before he leaves the house in the morning.	sich anziehen
to put on some make-up	It is part of Nara's morning routine to put on some make-up.	sich schminken
to make the bed	He never makes the bed.	das Bett machen
to have breakfast / lunch / dinner	It's wonderful when I can have breakfast / lunch / dinner with my family.	frühstücken / zu Mittag essen / zu Abend essen
to prepare breakfast / lunch / dinner	During the school holidays I prepared breakfast / lunch / dinner with my grandmother on Sundays.	Frühstück / Mittagessen / Abendessen zubereiten
to watch TV / <i>Netflix</i>	Before she falls asleep, she likes to watch TV / <i>Netflix</i> .	fernsehen / <i>Netflix</i> schauen
to play video games	All of Scott's friends play video games with him every Saturday.	Videospiele spielen
to check one's social media account(s)	Sophie checks her social media accounts way too often, especially her <i>Instagram</i> .	den/die Social-Media-Account/s anschauen
to meet with friends	Igor meets with his friends every Saturday.	sich mit Freunden/Freundinnen treffen
to study for an exam	I still have to study for an exam when I get home tonight.	für eine Prüfung lernen
to do the homework	Nia usually does the homework in the evening.	die Hausaufgaben machen
to read the newspaper	Jeff only reads the newspaper on Sundays.	die Zeitung lesen
to listen to music	She likes to listen to music on her way to school.	Musik hören
to take a nap	Josua needs to take a nap every day when he comes home from school.	ein Nickerchen machen
to go for a walk	It's healthy to go for a walk after eating.	einen Spaziergang machen
to tidy up the mess in one's room	I need to tidy up the mess in my room; there are so many things lying around!	das Chaos beseitigen, aufräumen
to text one's best friend(s)	After I had received my grade, I texted my best friend Kelly right away to tell her how I had done.	dem besten Freund/der besten Freundin/den besten Freunden/Freundinnen (eine Nachricht) schreiben
to pack one's school bag	Phillip never packs his school bag until five minutes before he has to leave.	die Schultasche packen
to lay out the clothes for the day	You can sleep a bit longer if you lay out the clothes for the day before you go to sleep.	die Kleidung für den Tag herauslegen, das Outfit für den Tag herrichten

Are you a morning person?		
to wake up at around ...	Julian wakes up at around 7 am every day.	um ca. ... aufwachen
to sleep in	Hannah's favourite part of the weekend is when she sleeps in until 1 pm.	verschlafen, länger schlafen
to do a quick stretch in the morning	Mona does a quick stretch in the morning before she takes her dog for a walk.	morgens eine kurze Dehnungsübung machen
to catch up on social media	Jackie catches up on social media while eating breakfast.	sich in den sozialen Medien auf den neuesten Stand bringen
to get up in the morning	John gets up in the morning when his alarm goes off.	morgens aufstehen
to go to bed early / late	Ammad goes to bed late almost every night.	früh / spät ins Bett gehen / schlafen gehen
to make one's way to school	After getting up, Uwe eats breakfast and makes his way to school.	sich auf den Weg in die Schule machen
to (not) be a morning person	Cassandra is not a morning person; she doesn't talk to anyone until she's had her coffee.	ein (kein) Morgenmensch sein
The importance of having a daily routine		
to (not) follow a routine every day	Andrei follows a simple routine every day.	(k)einer täglichen Routine folgen
to list everything one has to get done	Brant lists everything he has to get done before the end of the week.	alles auflisten, was erledigt werden muss
to tick tasks off one's list	Zeb ticks tasks off his list when he feels he has done the best job that he can.	Aufgaben auf der Liste abhaken
to change one's schedule	Gloria changes her schedule so often, I can never remember what she has planned.	den Zeitplan ändern
to update one's schedule	You should always update your schedule so you do not forget anything.	den Zeitplan anpassen
to organise one's schedule	Macy always organises her schedule because she is a good student and wants to have enough time to prepare for tests.	den Zeitplan organisieren / strukturieren
to do some exercise / sports	J.T. decided that he was going to do some exercise / sports to help his mental health.	sich bewegen / Sport treiben
to stay in a good mood	Jacob stays in a good mood when he is able to hang out with his friends.	bei guter Laune / Stimmung bleiben
to feel more energised / organised	Tom feels more energised / organised when he has a clear plan for his day.	sich voller Energie / besser organisiert fühlen
to have mental health benefits	Getting up early has mental health benefits, but only if you're getting enough sleep.	Vorteile für das geistige Wohlbefinden haben
to risk having restless nights	If you drink coffee right before you go to bed, you risk having restless nights.	unruhige Nächte riskieren, riskieren in den Nächten keine Ruhe zu finden
to reduce the use of electronic devices	Levi knows he should reduce the use of electronic devices during the day.	die Verwendung von Elektrogeräten reduzieren
to negatively influence one's sleep	At night, blue light from our phones negatively influences our sleep.	sich negativ auf den Schlaf auswirken
to be a good piece of advice to ... (+ infinitive)	As a rule, it's a good piece of advice to turn off all electronic devices before you even think about getting into bed.	gut beraten sein, zu ...
Basic math symbols		
plus / and	Ten plus two is twelve.	und, plus
minus	Seven minus zero is seven.	weniger, minus
multiplied by	Two multiplied by three is equal to six.	mal, multipliziert mit

divided by	Eight divided by four is two.	dividiert durch
less than	Three is less than ten.	kleiner als
greater than	One hundred is greater than twenty.	größer als
open round bracket / closed round bracket	Open round bracket nine minus four closed round bracket multiplied by 2 equals ten.	geöffnete runde Klammer / geschlossene runde Klammer
square root of	The square root of four is two.	Quadratwurzel von
squared	Five squared equals twentyx-five.	zum Quadrat
to not be equal to	A dozen is not equal to thirteen.	nicht gleich sein
to be equal to / to equal	The equation is equal to / equals eighty-eight.	gleich sein
approximately equal to	Half of fifteen is approximately equal to almost eight.	ungefähr gleich

Unit 3 – Being new at school

Let's talk about school

Subjects

Computer Science	Jason really likes Computer Science.	Informatik
English	English was never Susan's favourite subject.	Englisch
Ethics	We talk about interesting questions in Ethics lessons.	Ethik
Geometrical Drawing	Jan likes the work he does in Geometrical Drawing.	Geometrisches Zeichnen
History	Shane enjoys the discussions in History.	Geschichte
Maths	Laura does not like Maths, but still finds it satisfying when she gets a question right.	Mathematik
Physical Education (P.E.)	Cody's least favourite part of school is Physical Education.	Bewegung und Sport
Religious Education	Emma is fascinated by what's taught in Religious Education lessons.	Religion
Science	Science is one of the most important subject areas if you want to become a doctor.	Naturwissenschaften
Social and Personal Skills	In Social and Personal Skills lessons we learn how to study effectively.	Soziale und personale Kompetenz / Persönlichkeitsbildung (SOPK)

People at school

principal	Kids who don't behave often get sent to the principal.	Schuldirektor/in
head of department	Mrs Sunapee is the head of department for Civil Engineering; she is such a friendly person.	Abteilungsvorstand/Abteilungs-vorständin
form teacher	Mr Lenzini is the best form teacher ever.	Klassenvorstand/Klassenvor-ständin, Jahrgangsvorstand/Jahr-gangsvorständin
secretary	Joey, our new secretary, is very friendly and helpful.	Sekretär/in, Frontoffice-Manager/in
school caretaker	The school caretaker's name is Mr Jenkins, and we all love him.	Schulwart/in, Hausmeister/in
cleaner	It's important to be kind to the school cleaner.	Reinigungskraft
student council president	Janice didn't want Zoe to be elected student council president.	Schulsprecher/in
class representative	Every year, our high school elects a class representative.	Klassensprecher/in

Things in the classroom

blackboard	Havril doesn't like writing on the blackboard in class.	Tafel
chalk	Our classroom often doesn't have any chalk.	Kreide
dust bin	It's important to throw away your trash in the dust bin at the end of class.	Mistkübel
pinboard	The students usually hang up their posters on the pinboard.	Pinnwand
projector	The classroom projector broke, so we couldn't watch a documentary.	Beamer
smartboard	The smartboard is pretty interesting to use and could be a great tool for students.	Smartboard

speakers	Most of the speakers in school classrooms have terrible sound quality.	Lautsprecher
Things you need for school		
ballpoint pen	Ballpoint pens make really nice lines.	Kugelschreiber
calculator	We aren't always allowed to use calculators in Maths.	Taschenrechner
compass	It's much easier to draw a circle or a curve with a compass.	Zirkel
folder	Fiona keeps all of the handouts from this semester in a folder.	Schnellhefter, Mappe, Ordner
geometry set square	For certain assignments, students need to use a geometry set square.	Geodreieck
highlighter	It's sometimes almost fun to take notes and use the highlighter.	Textmarker, Leuchtstift
notebook	Vali writes down his assignments in his notebook.	Heft, Notizbuch
paper clips	Not very many people seem to use paper clips anymore.	Büroklammern
pen	Susie has a specific pen that glows in the dark.	Füllfeder
pencil	I prefer using my pencil, so I can erase the mistakes I make.	Bleistift
rubber	During the last test, Dylan really wished he had a rubber and could erase one of his wrong answers.	Radiergummi
ruler	Aislynn lets me borrow her ruler for the Drawing lesson.	Lineal
scissors	May I borrow your scissors, please?	Schere
scotch tape	Bryant always has scotch tape in his desk.	Tixo, transparentes Klebeband
sharpener	Fee needs to buy a new sharpener.	(Bleistift-)Spitzer
stapler	It's helpful to have a stapler if you print documents with multiple pages.	Tacker, Heftklammermaschine
to attend the Secondary Technical School specialising in ... (e.g. Automotive Engineering / Chemistry / Computer Engineering / Construction Engineering / Electrical Engineering / Forest and Wood Management / Instrument Manufacturing / Mechanical Engineering / Media Technology, ...)	Teresa attends the Secondary Technical School specialising in Instrument Manufacturing.	die (technische / gewerbliche / kunstgewerbliche) Fachschule für ... besuchen (z.B. Fahrzeugtechnik / Chemie / Informatik, Bautechnik / Elektrotechnik / Forst- und Holzwirtschaft / Instrumentenbau / Maschinenbau / Medientechnologie, ...)
to have a special interest in the school's field of specialisation	Rich chose his school because he has a special interest in the school's field of specialisation.	besonderes Interesse am Fachgebiet der Schule haben
one parent / family member / relative attended the same school	Stefan's cousin attended the same school he's attending now.	ein Elternteil / Familienmitglied / ein Verwandter/eine Verwandte besuchte dieselbe Schule
to combine theory and practical work	The ideal curriculum combines theory and practical work.	Theorie und praktische Arbeit verbinden
the school has a good reputation	Janet's school has a good reputation.	die Schule hat einen guten Ruf

to be one's favourite subject	Physics is Edwin's favourite subject.	das Lieblingsfach sein
to understand Maths / Science ... well	You have to be able to think about multiple systems at once to understand Maths well.	Mathematik / Naturwissenschaft ... gut begreifen
to manage to get good marks	Raphael managed to get good marks after studying with a tutor for the entire second half of the summer.	es schaffen gute Noten zu bekommen
some teachers run their own companies	Some teachers, like Mr Blackwell, run their own companies and teach on the side.	manche Lehrer/innen leiten eine eigene Firma
to explain the subject matter well	People who have practical experience often explain the subject matter well.	den Unterrichtsstoff gut erklären
to be patient / motivating / strict ...	Some of Todd's favourite teachers were strict / patient / motivating.	geduldig / motivierend / streng ... sein
to listen to the students' problems	Ms Houston listens to the students' problems even if the school day is almost over.	sich die Probleme der Schüler/innen anhören
What's going on in the lesson?		
to chat with a classmate	Before class is the perfect time to chat with a classmate.	sich mit einem Klassenkameraden/einer Klassenkameradin unterhalten
to write on the blackboard	Stephen had to write the entire solution to the Maths problem on the blackboard.	an der Tafel schreiben, etwas an die Tafel schreiben
to take down notes	It's much more difficult to take down notes when you're distracted by your phone.	sich Notizen machen
to do an exercise	I was frustrated because the teacher kept asking me to do an exercise in front of the class.	eine Übung machen
to look out of the window	When my friend gets bored in class, he looks out of the window.	aus dem Fenster schauen
to cut something out	For a project, we all had to cut advertisements out of magazines.	etwas ausschneiden
to pick something up from the floor	I picked up a pencil from the floor.	etwas vom Boden aufheben
to read a book	During the lunch break, one of the teachers often reads a book.	ein Buch lesen
to greet a classmate	Martha greeted a classmate of hers in the hallway.	einen Klassenkameraden/eine Klassenkameradin (be)grüßen
to raise one's hand	Max raises his hand for every question in the English lessons.	aufzeigen, die Hand heben
to hang up drawings on the pinboard	The younger students hung up drawings on the pinboard last week.	Zeichnungen an der Pinnwand aufhängen
to show something to one's teacher	I want to show something I made today to my workshop teacher.	dem Lehrer/der Lehrerin etwas zeigen
School life across the globe		
most school days last for five or six hours	All around the world, most school days last for five or six hours total.	die meisten Schultage dauern fünf oder sechs Stunden
school usually starts at 8:30	In some European countries school usually starts at 8:30.	die Schule beginnt üblicherweise um 8:30
to take private tutoring lessons	Kate takes private tutoring lessons for English because she struggles with the subject.	Nachhilfestunden nehmen
to wear school uniforms	Nathan wore school uniforms for almost his entire school experience.	Schuluniformen tragen
to not be able to afford the costs for exam fees, textbooks or school uniforms	Many students from developing countries are not able to afford the costs for exam fees, textbooks or school uniforms.	sich die Kosten für Prüfungsgebühren, Schulbücher oder Schuluniformen nicht leisten können

textbooks and exercise books are provided by the school for free	In some countries, textbooks and exercise books are provided by the school for free.	Schul- und Arbeitsbücher werden von der Schule gratis zur Verfügung gestellt
to get free school lunch	Students whose families don't have much money get free school lunch.	Gratismittagessen in der Schule bekommen
to have practical lessons in the school workshop / lab	In Secondary Technical Schools, students have many practical lessons in the school workshop / lab.	praktischen Unterricht in der Werkstätte / im Bauhof / im Labor haben
to have to wear safety clothes in the school workshop / lab	All students have to wear safety clothes in the school workshop / lab to prevent injuries.	in der Werkstätte/ am Bauhof / im Labor Schutzkleidung tragen müssen
to be in the same classroom every day	In Austria students are in the same classroom every day.	jeden Tag im gleichen Klassenzimmer sein
to not be able to choose which subject one wants to attend	Mac is not able to choose which subject he wants to attend.	sich seinen Unterrichtsgegenstand nicht aussuchen können
to usually sit in school for ... hours a day	Pia usually sits in school for 7 hours a day.	üblicherweise ... Stunden in der Schule sitzen
to focus on project work	Language teachers often focus on project work.	sich auf die Projektarbeit konzentrieren
a relaxed classroom atmosphere	Learning is easier when the teacher creates a relaxed classroom atmosphere.	eine entspannte Klassenzimmer-Atmosphäre
Doing your school work on time		
to be due tomorrow at ... (time)	This assignment is due tomorrow at noon.	morgen um ... fällig sein
to not start a task until it is so close to the deadline	My boyfriend doesn't start a task until it is so close to the deadline because he is motivated by stress.	mit einer Aufgabe erst knapp vor der Deadline beginnen
to feel panic	Rickey felt panic when he found out that the final test was the next day.	Panik empfinden
to immediately do something	When you get an assignment, it can be helpful to immediately do part of the task.	etwas sofort erledigen
to be mad at oneself	Jazón was mad at himself after he had missed the deadline.	auf sich selbst wütend sein
to do one's homework earlier	Lilly did her homework earlier this time, but forgot to hand it in.	die Hausübungen früher erledigen
to be so difficult	Paying attention is so difficult.	so schwierig sein
to avoid the tasks one needs to do	Sometimes Tate avoids the tasks she needs to do and does things that aren't important at all.	Aufgaben, die erledigt werden müssen, aus dem Weg gehen
to think that an activity / task is boring / too difficult	Quentin thinks that the task / activity is boring / too difficult; that's why he doesn't do it.	eine Tätigkeit / Aufgabe als langweilig / zu schwierig erachten
to not be motivated enough to do a task	Céline is not motivated enough to do the task for the Maths homework because she thinks it is too easy.	keine Motivation haben, eine Aufgabe zu erledigen
to choose to do something else instead	Joan chose to go to the beach instead of studying for her oral exam on ecosystems.	vorziehen, statt dessen etwas anderes zu tun
to choose to do nothing at all	Jim chose to do nothing at all that afternoon and just sat on a beanbag chair.	vorziehen, überhaupt nichts zu tun
to put things off until tomorrow	Riv puts things off until tomorrow over and over again.	Dinge auf den nächsten Tag verschieben
to have trouble concentrating	Many students have trouble concentrating if it is loud in the classroom.	Schwierigkeiten haben, sich zu konzentrieren

to not understand the task / subject matter	It can be helpful to ask the teacher for help if you don't understand the task / subject matter.	die Aufgabe / den Unterrichtsstoff nicht verstehen
to break tasks into smaller parts	It's essential to break tasks into smaller parts, so they don't seem as difficult.	Aufgaben in kleinere Einheiten teilen
to set oneself deadlines	Whitney set herself deadlines, so that she would start working on her project.	sich selbst eine Deadline setzen
to turn off one's smartphone	When Ralf is working, he turns off his smartphone, so he can concentrate better.	das Mobiltelefon ausschalten
to take a nap	Flora takes a nap when she feels tired and unable to focus.	ein Nickerchen machen
to go to a quiet area	Sophie went to a quiet area to read her book.	sich an einen ruhigen Ort begeben
Studying like a pro		
to pay attention in class	Joe pays attention in class and asks questions.	im Unterricht aufpassen
to take good notes	Kea takes good notes on her computer.	gut mitschreiben, sich ausreichend / gute Notizen machen
to sit next to a loud person	Bogdan sat next to a loud person yesterday and couldn't concentrate on anything the teacher said.	neben einer lauten Person sitzen
to be hard to see the blackboard	From where I'm sitting, it is hard to see the blackboard.	es ist schwierig, zur Tafel zu sehen
to keep one's notes and papers organised by subject	Seth keeps his notes and papers organised by subject, but still sometimes gets confused.	Mitschriften und Unterlagen nach Unterrichtsgegenstand geordnet haben
to plan ahead	Washa planned ahead for the homework assignment and was able to hand it in early.	vorausplanen
to write down when one has tests and assignments	Whether you use your smartphone or a planner, it is important to write down when you have tests and assignments.	sich aufschreiben, wann man Tests und Aufgaben hat
to review one's notes	Katja reviewed her notes one last time before the test.	die Mitschrift wiederholen
to ask a classmate / the teacher for help	No one should feel ashamed that they asked the teacher for help.	einen Mitschüler/eine Mitschülerin / den Lehrer/die Lehrerin um Hilfe bitten
to follow one's study plan	Maeve followed her study plan and got a great grade on the last test!	den Lernplan befolgen / beherzigen

Unit 4 – Free time well spent

Different types of sports

to play

badminton	Lauren plays badminton every Sunday afternoon.	Badminton
baseball	Baseball is known as America's pastime.	Baseball
basketball	Basketball has the tallest players.	Basketball
football	Football is the most popular spectator sport in the world.	Fußball
golf	A game of golf has 18 'holes'.	Golf
hockey	Hockey can be played by women or men.	Hockey
ice hockey	Ice hockey is often associated with Canada.	Eishockey
table tennis	Table tennis can get really competitive.	Tischtennis
tennis	Teresa used to play tennis, but she stopped when she was 12.	Tennis
volleyball	People who play volleyball are so fast on their feet.	Volleyball

to do

aerobics	My grandmother does aerobics at the local gym.	Aerobic
archery	Francis has to wear wrist guards when he does archery.	Bogenschießen
athletics	I really enjoy the running events at athletics competitions.	Leichtathletik
ballet	Nathalie started ballet later in her twenties.	Ballett
boxing	Boxing is a great way to let out extra energy.	Boxen
gymnastics	Gymnastics competitions are so impressive.	Gymnastik
karate	Karate is a type of martial art.	Karate

to go

cross-country skiing	If you're going to try cross-country skiing, make sure to dress warmly.	Schilanglauf
cycling	Cycling is one of the most common sports around.	Radfahren
dancing	Robin loves dancing with friends.	Tanzen
fishing	Everyone says fishing requires a lot of patience.	Angeln
hiking	Hiking is a sport that many students participate in.	Wandern
mountain biking	Haillie loves mountain biking and makes sure to try out all of the new tracks through the woods when she can.	Mountainbikefahren
rock climbing	Kesha started rock climbing when she was a teenager and is really good at it now!	Klettern
rowing	Rowing gets difficult when you can't see where you're going.	Rudern
running	Not everyone likes running, but it's a cheap way to get your heart rate up.	Laufen

sailing	The feeling of sailing is absolutely wonderful.	Segeln
skiing	Skiing is my favourite winter sport.	Schifahren
swimming	Chad finds swimming quite difficult.	Schwimmen
Sports equipment		
ball	The ball is always in motion.	Ball
basket	He made another basket in the game today.	Korb
elbow pads	Some sports require elbow pads.	Ellbogenschützer
football	It's difficult to throw a football correctly.	Fußball
football boots	To prepare for the upcoming season, he bought new football boots.	Fußballschuhe
football shirt	My football shirt smells awful after last night's match.	Fußballtrikot
gloves	It's helpful to wear gloves while skiing.	Handschuhe
goggles	I wear goggles when I go swimming.	Taucherbrille, Schibrille, Schutzbrille
golf bag	Zach's golf bag weighs about 15 kg when loaded with a full set of golf clubs.	Golftasche
golf club	Don't swing too hard with that golf club, you'll hurt someone.	Golfschläger
gum shield	Ute always wears a gum shield to protect her teeth during contact sports.	Zahnschutz / Mundschutz
helmet	One should always wear a helmet when riding a bike.	Helm
ice skates	There are two different types of ice skates; figure skates and hockey skates.	Schlittschuhe
mountain bike	When the roads are really muddy, you need a mountain bike if you want to go for a ride.	Mountainbike
net	He just missed the net with his shot.	Netz
punchbag	It's really fun to use the punchbag at the fitness studio.	Boxsack
racket	You need a racket to play tennis.	Schläger
road bike	Riding a road bike is a great cardio workout for you.	Rennrad
shin pads	Shin pads are required for football games.	Schienbeinschützer
ski boots	Ski boots often pinch your feet when you first put them on.	Schischeuhe
ski suit	Ski suits were popular with skiers in the 1980s and 90s.	Schianzug
skis	My skis are over 10 years old.	Schi / Schier
sticks	Klaus taught himself how to use his ski sticks correctly when skiing through deep snow.	Schistöcke
sweatband	Sia wears a sweatband when she does pilates, so the sweat doesn't drip in her eyes.	Schweißband
tennis skirt / shorts	My tennis skirt is / My tennis shorts are really uncomfortable.	Tennisrock / -hose
trainers	Zane wears trainers almost every day.	Turnschuhe
training suit	Alicia has a special training suit.	Trainingsanzug
water bottle	When Rachel goes to the gym, she always brings her water bottle with her.	Wasserflasche

Places to do sports		
bike path / mountain bike trail	Where are the best bike paths / mountain bike trails in your area?	Fahrradweg / Mountainbikestrecke
course	The cross-country course was 5 kilometres long.	Parcours, Kurs
court	She feels at home on the tennis court.	Platz
pitch	He left the pitch disappointed after the match.	Spielfeld
ring	The boxing ring terrified Jonas at first.	Ring
rink	The ice rink was a beautiful place to practice.	Eisbahn
slope	My favourite ski slope is the one through the trees.	Piste
track	Allyson ran 800m on the track.	Bahn, Laufbahn
The advantages of doing sports		
to do sports regularly / once a week / twice a week	Gary does sports twice a week, either playing tennis or going for a run.	regelmäßig / einmal die Woche / zweimal die Woche Sport treiben
to work out regularly	It's important to work out regularly to stay fit.	regelmäßig trainieren
to stay in shape / healthy	Chem stays healthy by swimming a mile every day.	in Form / gesund bleiben
to keep fit	Toby keeps fit with his dog because they go on runs together.	fit bleiben, sich fit halten
doing sports helps to reduce stress	James always tells his friends that doing sports helps to reduce stress.	sportliche Betätigung hilft Stress abzubauen
to be a lot of fun	Some sports are a lot of fun!	eine Menge Spaß machen
to make friends with other teenagers	Getting active is a great way to make friends with other teenagers and find common interests.	mit anderen Jugendlichen Freundschaft schließen
to share the same interests	Most of Elijah's friends share the same interests, which is why they do everything together.	die gleichen Interessen teilen
to be part of a team	Erzsie is part of an ultra-running team.	Teil eines Teams sein
to be motivated by training partners	Adrian is motivated by her training partners at every workout.	von Trainingspartnern/-partnerinnen motiviert werden
exercise is good for every part of the body	My doctor told me that exercise is good for every part of the body, not just those that are getting actively moved.	sportliche Betätigung ist gut für jeden Körperabschnitt/Körperteil
to improve brain health and learning	Cardio improves brain health and learning.	geistige Fitness und Lernfähigkeit verbessern
to reduce the risk of some diseases	Regular exercise and stretching reduces the risk of some diseases.	Krankheitsrisiken reduzieren
to strengthen one's muscles / bones	Bowen strengthens his muscles / bones by rock climbing twice a week.	die Muskeln / Knochen stärken
to lift weights	Jenny lifts weights with her sister.	Gewicht heben
to stop doing an exercise programme	Dan stopped doing an exercise programme when he started working at a construction company.	mit einem Übungs-/ Trainingsprogramm aufhören
to be hard to keep up with something	If you don't remind yourself every day, it is hard to keep up with exercising consistently.	schwierig sein, dranzubleiben / mit etwas nicht aufzuhören
to join a team	Jess joined a volleyball team last summer.	sich einem Team anschließen

to talk to a fitness expert at a gym	Liv talked to a fitness expert at a gym, but wasn't very impressed with his advice.	mit einem Fitnessexperten/einer Fitnessexpertin in einem Fitnessstudio sprechen
What to do in your free time		
to watch <i>Netflix</i> series / movies / <i>YouTube</i> videos	Carlos watches <i>Netflix</i> series / movies / <i>YouTube</i> videos every weekend.	<i>Netflix</i> -Serien / -Filme / <i>YouTube</i> -Videos schauen
to hang out with friends	It's fun to hang out with friends.	mit Freunden/Freundinnen abhängen
to look at memes	Most teenagers look at memes at least once a day.	Internet-Memes anschauen
to go to the gym	Every Thursday and Saturday, Nimea goes to the gym.	ins Fitnessstudio gehen
to text one's friends	Mavi texts her friends every evening.	Freunden/Freundinnen schreiben / Textnachrichten schicken
to play video games	Grant plays video games in a group every Sunday afternoon.	Videospiele spielen
to use social media	Many elderly people use social media these days.	soziale Medien nutzen
to go shopping	My sister goes shopping almost every week.	einkaufen gehen
to go out / to party	In college, most students go out / party at the weekends.	ausgehen / Party machen
to engage with family / friends	It's fun to engage with family / friends around the holidays.	sich mit der Familie / Freunden/Freundinnen auseinandersetzen, Kontakte zu Familie / Freunden/Freundinnen pflegen
to listen to music	Pia listens to classical music when she needs to relax.	Musik hören
to play an instrument	Everyone in Fred's family plays an instrument; he plays the piano.	ein Instrument spielen
to read a book	Georgie reads a book every time she gets stressed.	ein Buch lesen
to go to the theatre / cinema	Stephanie goes to the theatre / cinema every week.	ins Theater / ins Kino gehen
Talking about unusual hobbies		
to explore old buildings and forgotten places	Tamas explores old buildings and forgotten places all over Germany.	alte Gebäude und vergessene Plätze erkunden
to be a thrilling hobby	Cliff-diving is a thrilling hobby.	ein spannendes / aufregendes Hobby sein
to bring a first aid kit	Liesel always brings a first aid kit in case anyone needs it.	einen Erste-Hilfe-Kasten mitbringen
to reuse items	Lenny reuses items as much as he can.	Gegenstände wiederverwenden
to reduce waste	Her favourite hobby is upcycling, as she can help reduce waste.	Abfall reduzieren
to be a satisfying and environmentally-friendly hobby	Raising chickens for their eggs is a satisfying and environmentally-friendly hobby.	ein zufriedenstellendes und umweltfreundliches Hobby sein
to be good for the body and the mind	Riding in a kayak is good for the body and the mind.	gut für Körper und Geist sein
to stay active and healthy	Leon stays active and healthy by doing push-ups every day.	aktiv und gesund bleiben
Talking part in an English project week		
to make the class community stronger	Having a conversation with everyone makes the class community stronger.	die Klassengemeinschaft stärken
to be a fun activity	Walking around a new town or city with your classmates is a fun activity.	eine lustige Aktivität sein / eine Aktivität sein, die Spaß macht

to get to know one's classmates better	Asking other students about themselves allows you to get to know your classmates better.	seine Mitschüler/innen besser kennenlernen
to learn how to talk about one's feelings	Teambuilding activities during the English project week helped Emie to learn how to talk about her feelings with her classmates.	lernen, über die eigenen Gefühle zu sprechen
to broaden one's horizons	Listening to other people's perspectives broadens your horizons.	den Horizont erweitern
to collect memories	Kenny collects memories of his best friends by taking many pictures.	Erinnerungen sammeln
to get out of one's comfort zone	Brook feels the best when he pushes himself and gets out of his comfort zone.	die Komfortzone verlassen
to have a change from school	Johannes was excited to have a change from school and work.	eine Abwechslung vom Unterricht haben

Unit 5 – Do you really need it or just want it?

How can I help you?

to go window shopping	Dylan goes window shopping in the expensive parts of town, but doesn't buy anything.	einen Einkaufsbummel machen
to be broke	Homer is broke since he spent all his savings on a new car.	pleite sein
mid-season / end-of-season sale	Becca was really excited for the mid-season / end-of-season sale at her favourite department store.	Abverkauf während der Saison / Schlussverkauf
to keep the receipt	Lee told me to keep the receipt in case I wanted to exchange anything that I bought.	die Rechnung aufbewahren
to return a product	Reggie returned the shoes he had bought online because they were the wrong style.	ein Produkt / einen Artikel zurückgeben / retournieren
to get a credit note	In many stores, you get a credit note instead of your money back.	eine Gutschrift erhalten
to exchange a product	My mother exchanged the trousers she had bought for a different pair.	ein Produkt / einen Artikel austauschen
to fill out a form	Craig filled out a form to return the tools he had bought.	ein Formular ausfüllen
to get the money back	I was happy that I was able to get the money back from the store.	das Geld zurückbekommen

Teenagers' shopping behaviour

to buy things as soon as you want them	Elsa buys things as soon as she wants them, especially if it's jewellery.	die Kauflust sofort befriedigen
to plan what to buy before going shopping	Denise plans what to buy before going shopping, so she doesn't end up with more than she needs.	Einkäufe genau planen, bevor man einkaufen geht
to only buy things from the shopping list	Natascha only buys things from the shopping list.	nur Dinge, die auf der Einkaufsliste stehen, kaufen
to prefer shopping online / shopping in physical stores	Linda prefers shopping online / shopping in physical stores because it's easier.	Online-Einkäufe / Einkaufen im Laden bevorzugen
to try to get the best deals	Kai tries to get the best deals on second-hand vintage clothing.	versuchen, die besten Angebote / Schnäppchen zu bekommen
to spend more money than planned	Ronan spent more money than planned on his TV.	mehr Geld als geplant ausgeben
to only buy branded products	Andrea only buys branded products because of the higher quality.	ausschließlich Markenware kaufen
to read product reviews before buying a product	Jordan reads product reviews before buying a product because he wants to be well-informed.	Produktbewertungen lesen, bevor man einen Artikel kauft
going shopping with a friend / family member is more fun	When you're trying to find a good gift for a family member, going shopping with a friend is more fun.	mit einem Freund/einer Freundin / einem Familienmitglied einkaufen zu gehen, macht mehr Spaß
to get feedback on how things look on you	Arlo always gets feedback from his friends on how clothes look on him.	eine Rückmeldung bekommen, wie einem Dinge stehen
to order a product online	My grandmother frequently orders products online.	ein Produkt online / im Internet bestellen

Talking about online shopping

Advantages of online shopping

products are cheaper because shops do not have to pay for rent or electricity	Products available only online are cheaper because shops do not have to pay for rent or electricity.	Waren sind billiger, weil für Geschäfte keine Kosten für Miete oder Elektrizität anfallen
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shopping online gives you more privacy	For people who don't like interacting with others, shopping online gives you more privacy.	Onlineshopping gewährleistet mehr Privatsphäre
to be done from home at any time	Online shopping can be done from home at any time with a credit card.	jederzeit von zu Hause erledigt werden können
products are often cheaper in other countries	Many products are often cheaper in other countries because the labour costs are lower.	Waren sind in anderen Ländern oft billiger
to find a bigger selection of products	Sinaid always finds a bigger selection of products when he looks online.	eine größere Warenauswahl vorfinden
comparing prices is easier	Comparing prices of different products is easier online.	der Preisvergleich ist einfacher
Disadvantages / Risks of online shopping		
to receive a damaged / the wrong product	Mustapha received a damaged / the wrong product and got a refund from the company.	einen defekten / beschädigten / den falschen Artikel bekommen
returning a product is sometimes difficult	If an item is shipped from far away, returning a product is sometimes difficult.	ein Produkt / einen Artikel zurückzugeben, ist manchmal schwierig
to be hard to get customer service	Toamin thinks that it's hard to get customer service with overseas online companies.	Kundenservice in Anspruch zu nehmen, ist schwierig
to be bad for the environment	Long shipping routes are bad for the environment.	schlecht für die Umwelt sein
to have to pay high shipping costs	Tobias had to pay high shipping costs for his shoes from London.	hohe Versandkosten bezahlen müssen
the seller fails to deliver the product	Micah is worried about what to do if the seller fails to deliver the product.	der/die Verkäufer/in scheitert daran, das Produkt zu liefern / liefert das Produkt nicht
to not accept that a product is given back	Ute is concerned that the seller would not accept that a product is given back.	nicht akzeptieren, dass ein Produkt zurückgegeben wird
the description / picture of the product is different from what you get	If you can't look at the product in person, the picture of the product is often different from what you get.	die Beschreibung / Abbildung eines Produkts / Artikels weicht von dem ab, was man bekommt
one's credit card information is stolen	My friends' credit card information was stolen last week.	jemandes Kreditkarteninformationen werden gestohlen
The most expensive product I have ever bought		
to be a status symbol	He bought a very expensive watch because this is a status symbol for him.	ein Statussymbol sein
to save for months and months	Matteo saved for months and months to buy the new <i>Jordan</i> sneakers.	über viele Monate hinweg sparen
to use up all of one's savings	Romy used up all of her savings to buy her daughter her first car.	alle Ersparnisse aufbrauchen
to not be available	The fancy jacket was not available the last time that Jesús checked.	nicht erhältlich / verfügbar sein
to order a product	The sneakers were not available in my size, that's why the shop assistant ordered them.	ein Produkt / einen Artikel bestellen
to resell a product on a second-hand platform	Irene resold one of her paintings on a second-hand platform.	ein Produkt / einen Artikel auf einer Secondhand-Plattform weiterverkaufen
Describing a product		
to be well-made / good quality / handmade	These shoes are well-made / good quality / handmade.	gut gemacht / von guter Qualität / handgemacht sein
to be surprisingly cheap	The earphones for my smartphone were surprisingly cheap.	überraschend preiswert sein

to be stylish / trendy / a must-have	Her new sweater is very stylish / trendy. / A smartwatch is a must-have for many teenagers.	stilvoll / modern / ein Must-have sein
to be made of plastic / metal / leather	These car seats are made of leather.	aus Plastik / Metall / Leder sein
to be made / produced in Spain / Italy / China ...	My gloves are made / produced in Italy.	in Spanien / Italien / China ... hergestellt / produziert werden
to use something for ... (+ verb + -ing)	My mum uses her expensive pen only for signing documents.	etwas für ... verwenden
to be highly useful because ...	These headphones are highly useful because they cancel out all unnecessary noise.	sehr nützlich sein, weil ...
to be one's favourite product	This perfume from Hawaii is my favourite product.	das persönliche Lieblingsprodukt sein
to be very proud to have ... (name of product) because ...	Dorian is very proud to have a T-shirt with the signature of his favourite football player because those are difficult to get.	sehr stolz sein, ... zu besitzen, weil ...

Unit 6 – There’s no place like home

Types of houses

apartment (AE) / flat (BE)	Most students my age rent an apartment / a flat near the city centre.	Wohnung / Apartment
bungalow	They owned a beautiful bungalow on the coast.	Bungalow
condominium	My grandmother moved to a condominium when she turned 70.	Eigentumswohnung
terraced house (BE) / row house (AE)	Tora lives in a terraced house / row house in Chester, England.	Reihenhaus
detached house	My family lives in a detached house.	Einfamilienhaus, freistehendes Haus
block of flats	A millionaire decided to buy a block of flats in California last year.	Wohnblock
cottage	Topher lives in a small cottage near a lake.	Ferienhaus, Landhaus
semi-detached house	My best friend used to live in a semi-detached house.	Doppelhaus
be joined to... / together	Some housing projects have units that are joined together.	verbunden sein mit ... / miteinander verbunden sein, zusammenhängen
building complex	Jade recently moved into a building complex on North Avenue.	Gebäudekomplex
to be divided into apartments / flats	The enormous house across the street is divided into apartments / flats.	in Wohnungen unterteilt sein
to stand alone	Ines’ parent’s house stands alone in the middle of a beautiful yard.	allein / frei stehen
a balcony / terrace / garden	Nathan’s dream is to live in an apartment with a terrace or a garden.	ein Balkon / eine Terrasse / ein Garten
size	The size of an apartment is the first thing that you’ll notice when you walk in.	Größe
square metres	Lukas didn’t know how many square metres his apartment should be.	Quadratmeter
resident(s)	Not every apartment building has a garage for residents.	Einwohner/in, (Einwohner/innen)

Life in tiny homes

to be available in all shapes and different designs	Tiny houses are available in all shapes and different designs.	in allen möglichen Formen und Designs erhältlich / lieferbar sein
at minimum cost	Living in a smaller house can be a way to own a home at minimum cost.	bei minimalen Kosten, mit geringem Kostenaufwand
to do a survey	Architects did a survey of renters in the area.	eine Umfrage durchführen
to live in a rural area	Diego lives in a rural area far away from the city lights.	in ländlichem Gebiet leben
to build one’s own tiny house	Antonia built her own tiny house in 2020 with minimal materials.	ein eigenes Tiny House / Minihaus bauen
to have easy access to one’s shower	In his tiny house, Peter has easy access to his shower and other features.	einfachen Zugang zur Dusche haben
to have a lower carbon footprint	Smaller physical building footprints have a lower carbon footprint.	einen niedrigen CO ₂ -Fußabdruck haben
to be economical	Minimalist living is economical.	wirtschaftlich sein
to heat something	There are many difference devices available to help tiny house owners heat water.	etwas heizen

to cool something	In the summer, it can be hard to cool the interior of the tiny house in a warm climate.	etwas kühlen / abkühlen
to be easy to set up and maintain	Small living spaces are easy to set up and maintain.	leicht zu errichten und zu erhalten sein
Rooms and furniture		
Rooms		
bathroom	The bathroom is located on the right-hand side of the hallway.	Badezimmer
bedroom	Many tiny homes have only one bedroom.	Schlafzimmer
dining room	Our dining room is spacious.	Esszimmer
kitchen	Our kitchen is small and painted yellow.	Küche
living room	It's important to Zoë to have a living room that leads outside.	Wohnzimmer
study	The study in our tiny house is generally just a corner with a cute desk.	Büro
Furniture		
armchair	This blue plaid one is my favourite armchair.	Polstersessel
bathtub	Bathtubs are not very common in small living spaces.	Badewanne
bed	A pull-out bed can help save space.	Bett
bedside table	A bedside table is a good place for your glasses.	Nachttisch, Nachtkästchen
blinds	Blinds are necessary if a lot of sun shines into the room in the morning.	Jalousien
carpet	A carpet looks really good in the right house.	Teppich
chest of drawers	My chest of drawers has a lot of stickers on it from different places I've been.	Kommode
closet	Carl keeps all of his art supplies in the closet next to the sink.	Wandschrank
coffee table	Books belong on a coffee table.	Wohnzimmer-, Couchtisch
couch	Even Marie's tiny house has a couch.	Couch, Liege, Sofa
cupboard	The kitchen cupboards keep breaking without warning.	Schrank, Küchenschrank
curtain(s)	The curtains are always closed at night.	Vorhang (Vorhänge)
desk	Brian was sitting at his desk and doing his homework when his sister got home.	Schreibtisch
desk lamp	Tito's desk lamp creates such a lovely atmosphere for writing.	Schreibtischlampe
dishwasher	I couldn't do without a dishwasher.	Geschirrspüler
floor lamp	Tessa said there wasn't really room for a floor lamp upstairs.	Stehlampe
mirror	A mirror can make a room seem larger.	Spiegel
office chair	Bennie hates the design of his office chair.	Bürosessel
oven / cooker	My sister often uses the oven/cooker to make her own bread.	Ofen, Backrohr, Backofen
refrigerator / fridge	Small fridges have less space for storing extra food.	Kühlschrank

shelf / bookshelf	The shelf is completely full of beautiful books Shelby is planning to read.	Regal, Bücherregal
shower	The hot water for the shower is heated by the sun.	Dusche
sink	We painted our sink blue.	Waschbecken, Spülbecken
stove / cooker	The tiny stove keeps Ethan and his dog warm in winter.	Herd, Ofen
table	The table can be collapsed and turned into a small footstool.	Tisch
toilet	The toilets for tiny houses are often just as comfortable as traditional ones.	Toilette
TV console	My little cousin may have broken the TV console.	TV-Konsole, Fernsehkonsole
wardrobe	All of Sam's outdoor gear fits in the wardrobe.	Kleiderschrank, Garderobe
wash basin	A wash basin gets used every day.	Waschbecken
washing machine	The washing machine was new when we moved in.	Waschmaschine
My room		
to be ... square metres	The bedroom is approximately 25 square metres.	... Quadratmeter groß sein
to be painted in ... (<i>colour</i>)	The walls are painted in a beautiful light green colour.	... gestrichen sein
to be furnished with ... (<i>type of furniture</i>)	The eating area is furnished with a table and four chairs.	mit ... möbliert / eingerichtet sein
to have special features such as ... (<i>paintings / flowers / mirror, etc.</i>)	Our small house has special features like several miniature paintings as well as a mirror at the entrance.	Besonderheiten wie ... haben
to be cosy	This space is cosy.	gemütlich sein
to be comfortable	Heidi thinks the living room is comfortable.	bequem / gemütlich sein
to be new / modern	Everything in this small space is new.	neu / modern sein
to have to share one's room with one's sibling	Zane had to share his room with his sister, Maya.	das Zimmer mit dem Bruder / der Schwester teilen müssen
to have some privacy	Brianna had some privacy on the terrace, outside the house.	etwas Privatsphäre haben
to be too small / big	The kitchen was way too small.	zu klein / groß sein
to be messy	So little space means that common areas are messy.	unordentlich / nicht aufgeräumt sein
to be bright / dark	This house is generally bright because of the big window.	hell / dunkel sein
to change the colour	Becky changed the colour of the walls.	die Farbe ändern
to have more space	A tiny house has more space than a camper van.	mehr Platz haben
to have (more) natural light	Bob thinks the new cabin has more natural light than his old house.	(mehr) natürliches Licht / Tageslicht haben
to have new furniture	My room finally has new furniture!	neue Möbel haben
to redecorate the room	When you live in a small space, it's easy to redecorate everything.	das Zimmer renovieren / neu herrichten
Housing trends in different countries		
to live in the suburb of a city	Brandi says that she wouldn't want to live in the suburb of a city.	im Vorort einer Stadt leben
to be damp	The floor is damp.	feucht sein

to have one storey (BE) / story (AE) / two storeys / stories / floors	The apartment building has three storeys.	ein / zwei ... Stockwerke haben
to live in the countryside / in the city (centre)	Families seem to prefer to live in the countryside.	auf dem Land / in der Stadt (im Stadtzentrum) wohnen
to be able to afford one's own home	Zac is very proud that he is able to afford his own home.	sich ein Eigenheim leisten können
to have the highest density of detached houses / semi-detached houses / terraced houses ... in a country	It starts feeling cramped when you're living in a city that has the highest density of detached houses in the country.	die größte Dichte an Einfamilienhäusern / Doppelhäusern / Reihenhäusern ... in einem Land haben
to work in real estate	My brother-in-law works in real estate.	in der Immobilienbranche arbeiten
to be for rent	Jane would like to know if this property is for rent.	zu mieten sein
to be noticeable	A stone sink and a fireplace are some of the most noticeable features of a typical cottage.	auffällig / bemerkenswert sein
My dream house		
to be located in ... (<i>name of the country / city / village</i>)	My dream house is located in Sheffield Heights, Vermont.	in ... liegen
to have many / big / huge windows	Houses around here have many huge windows.	viele / große / riesige Fenster haben
to be made of bricks / wood / concrete	The terrace is made of wood and concrete.	aus Ziegeln / Holz / Beton hergestellt sein
to have a pond / an outdoor / indoor pool	The house we just looked at did not have a pond.	einen Teich / einen Außen-/Innenpool haben
to have ... (<i>number</i>) rooms in total	The apartment has four rooms in total.	insgesamt ... Zimmer haben
to have stylish / modern / antique furniture	It has antique furniture that's in pretty good condition.	stilvolle / moderne / antike Möbel haben
to have modern kitchen tools / equipment	Savannah wants to have modern kitchen equipment in the apartment she rents.	moderne Küchengeräte / Küchenausstattung haben
to have automated lighting	My flat has automated lighting, which I can control from my phone.	über automatische Beleuchtung verfügen
to have a smart watering system	Hanni has so many plants that she has a smart watering system.	über ein smartes Bewässerungssystem verfügen
to have video surveillance	Certain modern houses have video surveillance available.	Videoüberwachung haben
to have a smart TV system	Jay has a smart TV system, but he doesn't know how it works.	über eine smarte Fernsehanlage verfügen
to have a smart home remote control	Travis has a smart home remote control to change the temperature in his apartment when he's not here.	eine Smart Home-Fernbedienung haben

Unit 7 – Food up your day

Different kinds of food

Fruits

apple	Apple pie is Lillian's favourite dessert	Apfel
banana	Bananas make great snacks.	Banane
cherry	The cherry on top is my favourite part.	Kirsche
orange	I made orange juice last summer from scratch.	Orange
pear	Darla's aunt makes an incredible flatbread with pears and goat cheese on it.	Birne
pineapple	Joan doesn't like pineapple but will drink piña coladas.	Ananas
plum	Plums make the best jam.	Zwetschge, Pflaume

Vegetables

broccoli	Many small children hate broccoli.	Brokkoli
cabbage	There are so many different dishes that people make out of cabbage.	Kohl, Kraut
carrot	Carrot cake with cream cheese frosting is the best dessert.	Karotte
cucumber	Cucumbers taste wonderful in green salads.	Gurke
green pepper	Keara doesn't like the taste of green pepper on pizza.	grüne Paprika
peas	Peas were the only vegetable Harvey would eat as a child.	Erbsen
salad	Salads are often considered boring health food.	Salat
tomato	Tomatoes are actually technically fruits.	Paradeiser, Tomate
zucchini	Maya made spaghetti with zucchini noodles last night.	Zucchini

Meat

beef	Beef stew is a great meal when it is cold in the winter.	Rindfleisch
chicken	Chicken stir fry is a simple and cheap meal you can make yourself.	Hähnchen, Hühnerfleisch
lamb	Lamb is a traditional dish on the Norwegian dinner table during Easter.	Lammfleisch
pork	Pork should not be eaten raw.	Schweinefleisch
turkey	Turkey is prepared as a main dish for the Thanksgiving holiday in the United States.	Truthahn
veal	Veal is the main ingredient in traditional Viennese Schnitzel.	Kalbfleisch

Dairy products

butter	Butter on bread is such a simple snack, but it is so tasty.	Butter
buttermilk	Buttermilk can be used to make pancake batter.	Buttermilch
cheese	The French consume more cheese every year than the Austrians.	Käse
milk	My sister is allergic to milk and dairy products.	Milch

yoghurt	A lot of August's colleagues eat yoghurt for breakfast.	Joghurt
Grains		
bread	There are thousands and thousands of different types of bread.	Brot
oats	People have started drinking a milk substitute made from oats.	Haferflocken
pasta	Pasta is one of the easiest meals to make.	Nudeln, Teigwaren
rice	Rice is grown in fields that are eventually completely flooded.	Reis
wheat	Many individuals are allergic to wheat.	Weizen
wholemeal bread	My friend thinks that wholemeal bread is healthier than white bread.	Vollkornbrot
My eating habits		
to be one's favourite dish/meal/beverage	Spaghetti and meatballs is Alec's favourite meal.	das Lieblingsgericht/-essen/-getränk sein
to eat / drink something once / twice / three times ... a day / week / month	Sumi eats chocolate cake at least once a week.	etwas einmal / zweimal / dreimal ... pro Tag / Woche / Monat essen / trinken
takeaway food	Her boyfriend loves takeaway food.	Essen zum Mitnehmen
to be the most traditional / famous food in one's home country	Bibimbap is the most famous food in my home country.	die traditionellste / bekannteste Speise des Heimatlandes sein
to be delicious	This cake is so delicious.	köstlich sein
to prefer to eat freshly cooked / homemade food	Mary prefers to eat homemade food.	frisch gekochtes / selbstgemachtes Essen bevorzugen
to prepare food at home	My aunt prepares food at home every day.	Essen zu Hause zubereiten
to eat out ... once / twice / three times ... a week / month	Ali and his father eat out twice a month at their favourite restaurant.	einmal / zweimal / dreimal ... pro Woche / Monat auswärts essen
Different diets, different philosophies		
to live sustainably	Melissa wants to live sustainably by eating less meat.	nachhaltig leben
to be vegan / vegetarian/veggie / flexitarian	Several of my friends are vegetarian.	vegan / vegetarisch / flexitarisch sein (d.h. nicht komplett auf Fleisch verzichten, aber Fleischkonsum einschränken)
to be a meat lover	Albert is a meat lover and steak is his favourite dish.	ein/e Fleischliebhaber/in sein
to be a dilemma	For many, the dilemma of maintaining a healthy diet while dining out can be solved by choosing restaurants that offer nutritious options	ein Dilemma / eine Zwangslage sein
to cause harm	Vegans do not want to cause harm to any living things.	Schaden verursachen
to contribute to something	Terrence cooks vegan meals on his cooking channel and contributes to the idea that without meat does not have to mean without taste.	zu etwas beitragen
cruelty to animals	Cruelty to animals should be prevented whenever possible.	Grausamkeit gegenüber Tieren
to tease someone	People who do eat meat sometimes tease their vegetarian or vegan friends.	jemanden necken / ärgern
to eat greens	Rory eats greens because she knows they are healthy and she likes how they taste.	Grünzeug / Gemüse essen

to contain nutrients	Fruits and vegetables contain nutrients that are good for your body.	Nährstoffe beinhalten
to be plant-based	More and more people are choosing more food that is plant-based.	auf Pflanzenbasis
to be common	It is common to eat dishes that are naturally vegan or vegetarian.	häufig / üblich sein
to be picky	Some children are picky about what they want to eat.	wählerisch / heikel sein
Popular foods in different countries		
to bring a recipe to a country	Yamal brought a nice recipe from Egypt to his new restaurant in the UK.	ein Rezept in ein anderes Land bringen
to be a signature dish	Gua Bao is a signature dish in many parts of China.	eine Hauptspezialität / ein Paradegericht sein
to use a special dough / batter	The chef has to use a special dough for the famous <i>Calzone</i> pizza.	einen speziellen Teig verwenden
to gain popularity	Certain food trends from other cultures gain popularity and spread across the whole world.	sich zunehmender Beliebtheit erfreuen
to give a dish a unique flavour	This method of cooking gives the dish a unique flavour.	einem Gericht einen einzigartigen Geschmack verleihen
to be seasoned with something	Many spicy dishes are seasoned with chili peppers.	mit etwas gewürzt sein
fasting	Fasting is a central part of some cultures and religions.	Fasten
to be wrapped in something	Empanadas is a dish made of meat and cheese that is wrapped in corn dough and baked.	in etwas eingehüllt sein
to be the national dish of a country	Köfte kebabs are the national dish of Türkiye.	das Nationalgericht eines Landes sein
mashed	Steve put the mashed potatoes in the bowl and let them heat up.	püriert, gestampft
chopped	Then add the chopped onions and season with a pinch of salt.	zerkleinert, gehackt, geschnitten
Austrian cuisine		
to be at an Austrian restaurant for the first time	Akira was at an Austrian restaurant for the first time and didn't know what to order.	zum ersten Mal in einem österreichischen Lokal / Gasthaus sein
to know / not know the dishes on the menu	If you don't speak the language, it's almost impossible to know the dishes on the menu.	die Gerichte auf der Speisekarte kennen / nicht kennen
to give someone some recommendations	We asked Aysun to give us some recommendations for Turkish food.	ein paar Empfehlungen für jemanden abgeben
to try some delicious traditional Austrian dishes	Chloe tried some delicious traditional Austrian dishes like Kaiserschmarrn and Semmelknödel.	ein paar köstliche traditionelle österreichische Gerichte ausprobieren
to order a three-course meal	Felix ordered a three-course meal and was still hungry afterwards.	ein dreigängiges Menü bestellen
to not eat any pork / meat / seafood	Some individuals do not eat any pork, meat, or seafood.	kein Schweinefleisch / Fleisch / keine Meeresfrüchte essen
to be lactose intolerant	My little sister is lactose intolerant.	laktoseintolerant sein
to not eat any dairy products	Nick does not eat any dairy products because he doesn't like them.	keine Milchprodukte essen
to get a stomach ache	Ellis got a stomach ache after eating dinner last night.	Bauchschmerzen bekommen
to feel sick	Ryan feels sick today, so he will stay home from school.	Übelkeit / Brechreiz verspüren

to have / never have breakfast / lunch / dinner	Catherine never has breakfast.	(nie) frühstücken / zu Mittag essen / zu Abend essen
to eat once / two times / three ... times a day	I eat two times a day, but I would rather eat three times.	einmal / zweimal / dreimal ... pro Tag essen
to prefer to eat ... (type of food)	Jasmine prefers to eat Vietnamese food.	... zu essen bevorzugen
to be fond of eating ... (type of food)	Karen is fond of eating cookies.	... gerne essen
to be well-known for regional diversity	New York City is well-known for regional diversity.	bekannt sein für die regionale Vielfalt
to be rich / hearty / fatty / healthy	This beef stew is rich and hearty.	reichhaltig / herzhaft / fettig, fetthaltig / gesund sein
to be tasty	Cinnamon rolls are tasty.	schmackhaft sein
to offer a big variety of desserts / pastries / sweet dishes	The bakery down the street offers a big variety of dessert and pastries.	eine große Vielfalt / Auswahl an Nachspeisen / Gebäck / Süßspeisen bieten
to use fresh ingredients	All good chefs use fresh ingredients.	frische Zutaten verwenden
to use different spices and herbs	Joan's grandmother uses different spices and herbs in all her cooking.	verschiedene Gewürze und Kräuter verwenden
A healthy lifestyle		
to be fit	Hal is fit because he works hard and goes to the gym.	fit / gesund sein
to feel better / be happier	Eating healthy food makes you feel better.	sich besser fühlen / glücklicher sein
to have a lower risk of disease	Getting the proper nutrients means that you have a lower risk of disease.	ein geringeres Krankheitsrisiko tragen
to be able to perform better at school	Students who eat well are able to perform better at school.	in der Schule bessere Leistungen erbringen können
to do sports regularly	Chase does sports regularly, especially badminton.	regelmäßig Sport treiben
to watch one's weight	Camila noticed that when she ate more vegetables, she didn't have to watch her weight as carefully as before.	auf das (Körper-)Gewicht achten
to reduce unhealthy food / fast food	Regardless of what you look like, it's important to reduce fast food so that you start feeling better.	ungesundes Essen / Fast Food einschränken, den Konsum von ungesundem Essen / Fast Food reduzieren
to get enough sleep	Matthias gets enough sleep on the weekends but wants to be more well-rested during the week.	genug / ausreichend schlafen
to eat less meat	Quinn's goal for this year is to eat less meat.	weniger Fleisch essen
to not smoke / drink alcohol	Alexander neither drinks alcohol nor smokes.	nicht rauchen / keinen Alkohol trinken
to set oneself goals	It's important to set oneself goals for a better future.	sich Ziele setzen
to believe in oneself	Matt believes in himself, which is why he's so successful at what he does.	an sich selbst glauben
to have a role model	Lena knew that to reach her goals, she needed to have a role model.	ein Vorbild haben
to start making small changes	Judy started making small changes and felt years younger within a few months.	damit beginnen, kleine Änderungen vorzunehmen
to be proud of oneself	Whatever progress she achieved; Bess was proud of herself.	stolz auf sich sein
to be active	Clara loves doing sports and being active.	aktiv sein

Unit 8 – The blessing of good friends and a caring family

Qualities of a real friend

ambitious	Rose is a very ambitious girl; she's always trying to get her friends to dream big.	ehrgeizig, strebsam, anspruchsvoll, ambitioniert
good-looking	Rashad is a good-looking guy who also happens to be very kind.	gutaussehend
honest	Jerry is always very honest and tells you exactly what he is thinking.	ehrlich, aufrichtig
intelligent	Lilit is one of the most intelligent people in her family.	klug, intelligent
loyal	Phoebe is a very loyal friend and will support everyone no matter what.	treu, loyal, ergeben
motivating	My friends are always motivating and encouraging.	motivierend
open-minded	Clemens is not as open-minded as he wants other people to think.	unvoreingenommen, vorurteilslos, weltoffen
popular	Jacky is very popular, but is very gracious to everyone.	beliebt, bekannt
reliable	My brother is a reliable guy and always keeps his promises.	zuverlässig, verlässlich
spontaneous	Giovanni is very spontaneous– he'll suddenly buy a plane ticket and leave.	spontan
supportive	Mahmoud was very supportive of his younger brother going to university.	unterstützend
talkative	My aunt is the most talkative person you'll ever meet.	gesprächig, redselig, mitteilungsbedürftig
tolerant	Angela is so tolerant and has the patience of a saint; I never would be able to work where she does.	nachsichtig, tolerant
trustworthy	I would consider myself a trustworthy person.	vertrauenswürdig, glaubhaft, zuverlässig

What makes a good friend?

to count one's friends	Maximilian counted all of his true friends on one hand.	die Anzahl an Freunden/Freundinnen zusammenrechnen
to have friends in religious settings and on sports teams	Nina has friends in religious settings and on sports teams.	Freunde/Freundinnen im religiösen Umfeld und in Sportteams haben
to surround oneself with good friends	You must always surround yourself with good friends who appreciate you.	sich mit guten Freunden/Freundinnen umgeben
to make life more complete and fun	Friends make life more complete and fun.	zu einem erfüllteren und lustigeren / amüsanteren Leben beitragen
to be there for someone when they need you	If a true friend is struggling, you should be there for them when they need you.	für jemanden da sein, wenn er/sie dich braucht
to be an important part of many people's lives	Friendship is an important part of many people's lives.	eine wichtige Rolle im Leben vieler Menschen spielen
to keep in touch on social media	If you have a long-distance friendship, it's possible to keep in touch on social media.	über die sozialen Medien in Kontakt bleiben
to go through a hard time	Franz went through a hard time a few years ago, and his true friends were there.	eine schwere Zeit durchmachen
to be challenging and frustrating	Disagreements between friends are challenging and frustrating.	herausfordernd und frustrierend sein

Phrasal verbs

to grow up (<i>in a village / town / city</i>)	I grew up in a tiny town in northern Canada.	aufwachsen
to go out with someone	Lucas went out with Monika last week.	mit jemandem ausgehen

to bring up a child	Holly knew that bringing up a child is a big responsibility.	ein Kind aufziehen / großziehen
to look after one's siblings	Camilla looks after her little siblings every Thursday after school.	auf die Geschwister aufpassen
to get along / on (well) with someone	I get on well with my cousins.	(gut) mit jemandem auskommen
to let someone down	Gita let one of her best friends down, and felt terrible.	jemanden enttäuschen, jemanden im Stich lassen
to split up	Sometimes it is necessary to split up to improve the situation for both people involved.	sich trennen
to ask someone out	Elise asked her crush from the cafeteria out last night.	jemanden um eine Verabredung bitten
Are you a good friend?		
to be a good listener	Rebecca is a good listener; she focuses on her friends and asks good questions.	ein guter Zuhörer/eine gute Zuhörerin sein
to meet with someone regularly	A good friend will contact you even if they can't meet with you regularly.	jemanden regelmäßig treffen
to show someone that you care	Ayra shows her best friend that she cares by inviting her to go to the movies.	jemandem zeigen, dass du ihn/sie wichtig nimmst / gern hast
to make time for one's friends	Even if I'm busy, I make time for my friends.	sich für die Freunde/Freundinnen Zeit nehmen
to not lie to someone	Lex doesn't lie to his best friend.	jemanden nicht anlügen
to not betray someone	Mel doesn't betray the people who she loves the most.	jemanden nicht betrügen / verraten / hintergehen
to (not) talk behind one's back	Samy would never talk behind his friend's back.	(nicht) hinter jemandes Rücken reden
to understand one another	Claire and Lyn understand one another on a deep level.	einander verstehen
to make someone laugh	Riley can always make me laugh.	jemanden zum Lachen bringen
to share one's secrets	Cooper shares his secrets with his closest friends because he knows they care.	Geheimnisse teilen
to not feel lonely	A good friend makes sure you do not feel lonely.	sich nicht einsam / allein fühlen
to have someone to hang out with	When one of your best friends lives near you, you have someone to hang out with any time you want.	jemanden haben, mit dem man abhängen / herumhängen kann
to not be able to choose family	Andy was not able to choose his family, but he chose every single one of his friends, and he loves them.	sich die Familie nicht aussuchen können
to worry about someone	Good friends worry about each other.	sich um jemanden Sorgen machen, sich um jemanden ängstigen
to have secrets	Everyone has secrets that they might not want to talk about.	Geheimnisse haben
to (not) talk about certain topics	Even with good friends, sometimes you don't talk about certain topics.	(nicht) über bestimmte Themen sprechen
to motivate someone	Eliane motivates Margaret to be a better version of herself.	jemanden motivieren
to boost someone's self-confidence	True friends boost your self-confidence and make you feel better about yourself.	das Selbstbewusstsein stärken
to learn from each other's mistakes	Theo and Juan learn from each other's mistakes and come back stronger afterwards.	von den Fehlern des/der anderen lernen

to give some good advice	Victoria often gives her friends some good advice.	jemandem einen guten Ratschlag / gute Ratschläge erteilen
to change one's mindset	A supportive friend changed Rosemary's mindset completely.	die Einstellung ändern
to make someone a better person	Fae has made me a better person.	jemanden zu einem besseren Menschen machen
Let's talk family		
to quarrel with someone	Alejandro quarrels with his parents all the time.	mit jemandem streiten
to have an argument with someone	Liam had an argument with his older sister, and now she doesn't want to talk to him anymore.	eine Auseinandersetzung mit jemandem haben, mit jemandem streiten
to put pressure on someone	Markus put a lot of pressure on his father to stop smoking.	Druck auf jemanden ausüben
to be on one's mind	Ethan has been on Nora's mind ever since he looked a bit sad yesterday.	sich (gedanklich) beschäftigen mit
to be stubborn	My friend Kara is as stubborn as a donkey.	stur, starrköpfig
to give in	Noah eventually gave in to his mother's wishes.	nachgeben, klein begeben
to be an only child	It's not always easy being an only child, but you do get a lot of attention.	ein Einzelkind sein
We are family		
to be easy-going	Laurel is pretty easy-going and fun to hang out with.	entspannt / gelassen sein
to be strong-willed	My little cousins are very strong-willed; they will argue with you until they are tired.	durchsetzungsfähig / entschlossen / willensstark sein
to be intense	Eduardo is intense, and a bit overwhelming, but once you get to know him better, you'll like him.	intensiv / anstrengend / heftig sein
to make one's own decisions	Children eventually have to make their own decisions outside of their parents' house.	eigene Entscheidungen treffen
to be more independent	Doesn't it seem like Fabio is more independent than he was last year?	unabhängiger sein
to get bullied	Fred got bullied in school because of his accent.	gemobbt / schikaniert werden
to have troubles at school	People who are struggling at home often have troubles at school.	Probleme / Schwierigkeiten in der Schule haben
to be unhappily in love	Adam is unhappily in love; I feel bad for him.	unglücklich verliebt sein
to care for someone	June cares for her mother when she gets sick because she loves her.	sich um jemanden kümmern, für jemanden sorgen
to show understanding (for someone / something)	Healthy families show understanding for a mistake or problem instead of attacking the kid.	Verständnis zeigen (für jemanden / etwas)
to share one's own experiences	Daniel shared his own experiences to show his younger siblings they weren't alone.	eigene Erfahrungen teilen

Unit 9 – The social media bubble

What about your social media use?

to have online conversations	Irene and I have online conversations almost every day.	Online-Gespräche / Online-Unterhaltungen führen
to get to know new people	Social media allows everyone to get to know new people.	neue Leute / Menschen kennenlernen
to share information	Jake shares information with most of his friends.	Informationen teilen / weitergeben
to create content	Countless influencers create content on social media.	einen Content / Inhalt(e) erstellen
to start a career	Daria started a career through social media.	eine berufliche Laufbahn / Karriere starten
to sell products	Specific targeted ads sell products to the perfect audience.	Produkte / Waren verkaufen
to market / promote a product / service	Different product ambassadors promote a product or service over their personal channels.	ein Produkt / eine Dienstleistung vermarkten / bewerben
to make regular posts about a topic	Jenny makes regular posts about eating vegan products.	regelmäßig Posts zu einem Thema erstellen
to upload videos	Marcus uploads videos almost every day to his <i>YouTube</i> channel.	Videos hochladen
to offer more authentic / genuine / smart content	Every influencer and brand wants to offer more authentic or genuine content.	authentischeren / unverfälschten / smarten (nutzerspezifisch modifizierten) Content bieten

Social media trends

authenticity is a key factor on social media	For marketers and consumers, authenticity is a key factor on social media.	Echtheit / Authentizität ist ein Schlüsselfaktor auf sozialen Medien
to create content young people can relate to	Amber creates content young people can relate to with her easy make-up tutorials.	Content kreieren, mit dem sich junge Leute identifizieren können
to increase the social media advertising budget	More and more companies have already increased the social media advertising budget.	das Werbebudget für soziale Medien erhöhen
personalised ads have a higher click-through rate	On personalised feeds, personalised ads have a higher click-through rate.	personalisierte Werbung hat eine höhere Klickrate
to share useful content	Influencers share useful content while also promoting certain products.	nützlichen Content teilen / weitergeben
to use new technologies like augmented reality and virtual reality	People who want to keep up with trends are now using new technologies like augmented reality and virtual reality.	neue Technologien wie Augmented Reality bzw. Virtual Reality nützen (erweiterte und scheinbare / simulierte Realität)

The impact of social media on teens

to not talk face-to-face	Teens on social media don't talk face-to-face with one another.	sich nicht persönlich / von Angesicht zu Angesicht unterhalten
to have no deep relationship	Many people have lots of shallow friendships and no deep relationships or bonds.	keine tiefgründige / innige Beziehung haben
to not know (much) about each other's feelings	These teens don't know (much) about each other's feelings; and they might not care.	nichts / nicht viel über die Gefühle des/der anderen wissen
to put a lot of pressure on a friendship	Online visibility puts a lot of pressure on a friendship.	viel Druck auf eine Freundschaft ausüben
to feel left out	Teens can easily feel left out if they see pictures of an event they weren't invited to.	sich ausgeschlossen fühlen

to compete with someone	An obsession with perfection and popularity leads teens to compete with their peers.	mit jemandem konkurrieren / wetteifern
to set time limits	Naomi sets time limits for how long she is allowed to spend on <i>Instagram</i> .	zeitliche Beschränkungen festlegen / Fristen setzen
to take breaks	Meg took a break from her phone for the entire afternoon and felt much better afterwards.	Pausen machen / einlegen
to shut one's phone off	Sometimes Sebastian just shuts his phone off.	das Telefon / Handy ausschalten
to not share any personal details	On social media, Carmen doesn't share any personal details.	keine Personendaten / Personalien weitergeben
to think carefully about what to post	Tracy thinks carefully about what to post and how people might interpret it.	gründlich darüber nachdenken, was man postet
to not send any private or personal pictures to someone	Georgia doesn't send private or personal pictures— not even to her best friends or her boyfriend.	niemandem private oder persönliche Bilder schicken
Character traits of a successful content creator		
authentic	I think authentic people are necessary for our society to function.	echt, glaubwürdig, authentisch
calm	Content creators need to be calm so they don't scare their audiences.	ruhig, still, besonnen
communicative	The best marketers are communicative.	gesprächig, kommunikativ
creative	Being creative is a necessity for people who make content.	schöpferisch, kreativ
friendly	The <i>YouTuber's</i> language is always so friendly and respectful!	freundlich
funny	Will used to be a pretty funny guy.	humorvoll, lustig
honest	Creators who are honest are the nicest and should hold more power than the other ones.	ehrlich, aufrichtig
intelligent	Creators also have to be intelligent to deal with everyday business.	klug, intelligent
likeable	Streamers have to be likeable to be taken seriously.	sympathisch, liebenswert
nice	The social media influencer was known not only for her beauty tips, but also for being nice, encouraging and supportive.	nett, freundlich
outgoing	Michael is outgoing and I think he will make a great addition to the sales team.	kontaktfreudig, aufgeschlossen
passionate	Content creators should be passionate about what they are doing.	leidenschaftlich, für etwas brennen
respectful	A respectful tone and speaking voice is key.	respektvoll, achtungsvoll
self-confident	Self-confident people are often the most successful.	selbstsicher, selbstbewusst
sociable	Of course, to start out in this career anyway, you have to prove that you're extremely sociable.	kontaktfreudig, gesellig
trustworthy	I would consider myself a trustworthy person.	vertrauenswürdig, glaubhaft, zuverlässig
understanding	Content creators need to be understanding about their followers' needs and aspirations.	verständnisvoll

Being a successful content creator		
to be a busy day	A full day of video editing and responding to emails, and it's already been a busy day.	ein arbeitsreicher Tag sein
to ask about someone's age	Never ask about someone's age unless there's a good reason to.	jemanden nach dem Alter fragen
to be excited	The influencer was excited to meet one of their favourite celebrities.	aufgeregt / begeistert sein
to collaborate with a famous celebrity	More and more influencers have been collaborating with famous celebrities to promote certain products.	mit einer bekannten / prominenten Persönlichkeit zusammenarbeiten
to be a role model for someone	The influencer has been Mary's role model and hero since her teenage years.	ein Vorbild für jemanden sein
to apply for a job	Joe applied for the job as assistant photographer last week.	sich für einen Job bewerben
to show one's sense of humour	Mac showed his sense of humour and ability to collaborate.	Sinn für Humor beweisen / zeigen
to make people laugh	The content creator's only goal was to make people laugh.	Menschen zum Lachen bringen
to achieve global success	Brands attempting to achieve global success followed a clear strategy of international growth.	weltweiten / globalen Erfolg erzielen
to open doors to brand deals	Lilly hoped her attitude would open doors to brand deals with other companies.	die Tür für Markenverträge öffnen
Bullying on social media		
to become a victim of cyberbullying	Fernanda became a victim of cyberbullying last year.	Opfer von Cyber-Mobbing werden
to steal someone's ID	A scammer stole Mila's ID and began using her name to post articles on quite a few websites.	jemandes Identität / Ausweis stehlen
to experience online hate / bullying	Many teens experience a lot of online hate just because they are in the wrong place at the wrong time.	Online-Hass / -Mobbing erfahren
to become safer	It's time for the online space to become safer.	sicherer werden
to ban trolls or cyberbullies	Websites should immediately ban trolls or cyberbullies that target young people.	Trolle oder Cyber-Mobber/innen sperren / verbannen
to not accept any form of online hate / bullying	Online forums should not accept any form of online hate.	Online-Hass / -Mobbing in keinerlei Form dulden
to make fun of someone	Many teenagers make fun of someone and don't realise the true consequences of their actions.	sich über jemanden lustig machen
to spread fake news	Fake accounts or hacked accounts spread fake news and hate online.	Falschmeldungen / Fake News verbreiten
to make mean and hateful posts about someone	Internet trolls make mean and hateful posts about someone just because they're not as they want them to be.	gemeine und gehässige Posts über jemanden verfassen
to control others through fear	Other people hide behind anonymous accounts and make threats to control others through fear.	andere durch Angst beherrschen / kontrollieren
to feel stronger because of the anonymity of the Internet	These bullies feel stronger because of the anonymity of the Internet.	sich durch die Anonymität des Internets stärker fühlen
to (not) be tough	In reality, these bullies are not tough at all.	(nicht) stark / hart sein
to suffer from depression / anxiety / low self-esteem	Many online haters suffer from low-self-esteem and turn to online bullying as a way to make themselves feel better.	an Depressionen / unter Angst(-störungen) / an niedrigem Selbstwertgefühl leiden

to have headaches / stomach aches / sleeping problems	Teens can have headaches, stomach aches or sleeping problems due to the stress of being targeted online.	unter Kopfschmerzen / Bauchschmerzen / Schlafstörungen leiden
to block the bully on all social media platforms	The first step is to block the bully on all social media platforms.	den Mobber / die Mobberin auf allen sozialen Netzwerken blockieren / sperren
to manage one's privacy settings	Teens should look at and manage their privacy settings on their devices.	die Datenschutzeinstellungen verwalten
to be careful when talking to strangers online	Lastly, protect yourself and be extremely careful when talking to strangers online.	bei Online-Unterhaltungen mit Fremden vorsichtig sein

Unit 10 – Safe at work

Safety first

respiratory equipment	If there is a lot of dust in the air, it's important to wear respiratory equipment.	Atemschutzgerät
face protection	Around sparks or welding jobs, face protection is necessary.	Gesichtsschutz
safety boots	Mr Wright always wears safety boots in the school workshop.	feste Schuhe tragen
ear protection	To protect ourselves from loud noises in the school workshop, we have to wear ear protection.	Gehörschutz
safety helmet / hard hat	Workers on the building site have to wear hard hats all the time.	Schutzhelm
safety harness	A safety harness would be necessary if you were washing the windows of the Empire State Building from outside.	Auffanggurt, Sicherheitsgurt
eye protection / goggles	Julia knows her eyes are very important and wears goggles / eye protection when necessary.	Schutzbrille, Sicherheitsbrille
safety gloves	Safety gloves are required in the Chemistry lab.	Schutzhandschuhe
safety overall	Elvira spends a lot of time around dangerous chemicals and wears her safety overall in the lab.	Schutzanzug
protective clothing	Protective clothing helps me feel safer when I use power tools.	Schutzkleidung
cup mask / dust mask	To avoid breathing in particles in the air, Adam wears a cup mask / dust mask.	Staubschutzmaske

Workshop safety rules

to avoid injuries	Kade always wears safety gloves to avoid injuries in the workshop.	Verletzungen vermeiden
to attempt practical work	It's essential to know what you are doing before you attempt practical work.	praktische Arbeit in Angriff nehmen; ein Praktikum machen
to bump into something / someone	It's easy to bump into something / someone if you're not paying attention.	gegen etwas / jemanden stoßen, in jemanden hineinrennen, jemanden anrempeeln
to cause an accident	The last thing you want to do is cause an accident.	einen Unfall verursachen
to operate a machine	Tyrell learned how to operate the machine safely by working with his father.	eine Maschine bedienen
to report an accident to one's teacher	Beatrice reported an accident to the teacher in charge.	dem/der Lehrer/in einen Unfall melden
to switch on / off machinery	Before doing anything else, one must switch on / off the machinery.	die Maschine ein-/ausschalten
to not run in the workshop	Students are always reminded that they should not run in the workshop.	in der Werkstätte / im Bauhof nicht laufen
to know where the emergency button is positioned	Wesley knows where the emergency button is positioned.	wissen, wo der Not-Aus-Schalter ist
to wear safety shoes / sturdy shoes	Mike wears sturdy shoes when he's at the construction site.	Arbeitsschutzschuhe / festes Schuhwerk tragen
to listen carefully to the instructions of the workshop teachers	Jochen listened carefully to the instructions of the workshop teachers before starting his project.	den Anweisungen des Werkstättenlehrers/der Werkstättenlehrerin / des Bauhoflehrers/der Bauhoflehrerin aufmerksam zuhören

to use tools / machinery carefully	Alice used machinery carefully and never put herself in danger.	Werkzeug / Maschinen vorsichtig bedienen
to keep hands away from moving and rotating machinery	Aurora knew she had to keep her hands away from moving and rotating machinery.	die Hände von beweglichen / rotierenden Maschinen fernhalten
to wear protective clothing	Gustav wore protective clothing on every job site because he didn't want to get his street clothes dirty.	Schutzbekleidung tragen
to not / never work alone on a machine	Titus never works alone on a machine to keep himself safe.	eine Maschine nicht / nie alleine bedienen
to pay attention to someone / something	The students usually pay attention to their workshop teachers' instructions.	auf etwas achtgeben / jemandem Beachtung schenken; aufmerksam sein
troubleshooting	Sarina has always been good at troubleshooting and solving problems.	Fehlerbehebung, Fehlersuche
Accidents and injuries in the school workshop / at work		
to sprain one's ankle	Anaïs sprained her ankle in the lab last week.	sich den Knöchel verstauchen
to trip over some cables	I tripped over some cables and landed flat on my face.	über ein paar Kabel stolpern
to slip on the wet floor	Signs always warn us not to slip on the wet floor.	auf dem nassen Boden ausrutschen
to burn one's hand	It's easy to burn your hand when you are welding.	sich die Hand verbrennen
to have terrible backache	After lifting so many heavy boards, I have terrible backache.	starke / schreckliche Rückenschmerzen haben
to break one's arm / leg	Christian broke his arm / leg last month when he fell off the balcony.	sich den Arm / das Bein brechen
to fall from a ladder	It can be extremely dangerous to fall from a ladder.	von einer Leiter stürzen / fallen
to be hit by a flying object	You don't want to be hit by a flying object in a machine room.	von einem fliegenden Gegenstand getroffen werden
to cut one's hand / finger	During a cooking class, Nancy cut her finger with a knife.	sich in die Hand / den Finger schneiden
Safety rules and responsibilities on site		
to follow the safety rules	Justin followed the safety rules properly last week when we had a small fire that broke out.	die Sicherheitsvorschriften befolgen
to be familiar with the site	Blake was already familiar with the site, but he asked me some safety questions just to make sure he knew what to do.	mit der Baustelle / dem Standort vertraut sein
to be neat and tidy	The most effective workers make sure their stations are neat and tidy.	sauber und ordentlich sein
to leave lights and power tools unplugged	When leaving the site, Jeremy left lights and power tools unplugged.	Lampen und Elektrowerkzeuge ausgesteckt lassen
Health and Safety Manager	The Health and Safety Manager arrived today for a surprise inspection.	Gesundheits- und Sicherheitsbeauftragte/r
to be really strict	The foreman is really strict about safety violations.	wirklich / sehr streng sein
to prevent injuries and financial losses	Marie was in charge of preventing injuries and financial losses on the job site in Carinthia.	Verletzungen und finanzielle Verluste vorbeugen
to wear the required Personal Protective Equipment (PPE)	Billy always wore the required Personal Protective Equipment (PPE).	die vorgeschriebene persönliche Schutzausrüstung tragen

to use the right equipment for the right task	Ted made sure that the team used the right equipment for the right task.	die richtige Ausrüstung für die vorgesehene Tätigkeit verwenden
to report defects and faults on site as soon as possible	He was in charge of machine repairs and would report defects and faults on site as soon as possible.	Mängel / Fehler und Störungen auf der Baustelle / dem Firmengelände so rasch wie möglich melden
to notice damage	Mr Grondin noticed damage on the left side of the bulldozer and decided to report it.	einen Schaden bemerken
the misuse of a tool or equipment	Ava once had to fire one of her workers for the misuse of equipment; he had almost caused a small explosion.	Missbrauch / Zweckentfremdung / Fehlanwendung eines Werkzeugs oder einer Ausrüstung
to place safeguards	Cole, our manager, places safeguards regarding the handling of heavy machinery so that the risks are minimal.	Schutzvorrichtungen / Absicherungen anbringen / platzieren
to do pre-checks on tools and equipment	Each day, the construction team does pre-checks on tools and equipment that is going to be used for dangerous tasks.	Geräte und Ausrüstung einem Pre-Check / einer Vorabprüfung unterziehen
A damage claim		
to find out what the problem is	It's important to find out what exactly the problem is before submitting a damage claim.	herausfinden, was das Problem ist / worin das Problem besteht
to report the problem to the online seller / the company	The customer reports the problem to the online seller.	das Problem dem Online-Verkäufer / der Online-Verkäuferin / dem Unternehmen melden
to ask for a refund	Tamara asked for a refund of the full purchase price.	um Rückerstattung bitten
to ask for a replacement / a new product	Jacob asked for a replacement for the broken part / for a new product.	um Ersatz / ein neues Produkt bitten
to ask someone to repair the product / item for free	If the product is large or otherwise difficult to ship or handle, you might ask the company to repair the item for free as compensation.	jemanden um Gratis-Reparatur des Produkts / Artikels ersuchen
to stay calm	It's important to stay calm regardless of the reactions of the workers or the company.	ruhig bleiben
to be patient and friendly	The quickest way to solving conflict in a situation like this is to be patient and friendly.	geduldig und freundlich sein
to describe in detail what the problem is	Juan described in detail what the problem with the product was so that the company could offer a solution.	detailliert beschreiben, was das Problem ist / worin das Problem liegt
to be respectful	Berat was always respectful and expected his workers to be as well.	respektvoll sein
to hurt oneself	Trying to fix machinery alone can lead to someone hurting themselves.	sich verletzen
to damage another product	Dakota damaged another product on the job site by accident and forgot to tell anyone.	ein anderes Produkt beschädigen
to lead to a power failure	A small mistake led to a power failure that kept everyone out of work for the entire afternoon.	zu einem Stromausfall führen
Tools in the workshop		
hand level	Using the hand level, I made sure the shelf wasn't leaning right or left.	Handnivellierinstrument, Handwaage
handsaw	A handsaw is practical for small jobs.	Handsäge

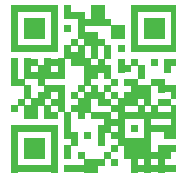
measuring tape	If you're a carpenter, a measuring tape is an absolute must.	Maßband
pipe tongs	Pipe tongs are used by plumbers to screw or unscrew lengths of pipe.	Rohrzange
round file	I bruised my fingernail on the round file today.	Rundfeile
screw	Screws have many different shapes.	Schraube
screwdriver	There are many different types of screwdrivers.	Schraubenzieher
shovel	I dug up the flowers with a shovel.	Schaufel
side cutter	My brother uses a side cutter at work almost every day.	Seitenschneider
sledge hammer	Sledge hammers are incredibly heavy.	Vorschlaghammer
slide gauge	The slide gauge is a useful measuring tool.	Schublehre, Schieblehre
vice	The vice held the two pieces of wood together very nicely.	Schraubzwinge, Schraubstock

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