## Individual long turn

## Topic 20: growing up

## **Aspect: teenage insecurities**



Search for "How our girls see themselves". Watch the video on a platform like YouTube. https://youtu.be/c96SNJihPjQ





**Individual long** turn Give a five-minute talk on the topic of teenage insecurities in which you

- interpret the video,
- speculate why teenagers often experience body dissatisfaction,
- discuss ways to help young people feel good about their physical appearance.



