

LIVE LISTENING TRANSCRIPT

Unit 1, p. 13, CD track 1

Live Listening: How I manage my work

Um, another way that I manage my time is by making lists of what I have to do, um, if it's something that didn't come in on an email, if, say a co-worker buzzes me and says I need this or someone walks in my office and hands me things, um, I'll make stacks in order of priority or I'll make a list of verbal priorities, um, and that's, that's how I handle it, and I try to handle it in that order and sometimes that's easier than at other times.

Unit 2, p. 31, CD track 4

Live listening: Living in Forest Hills

Um, it's Saturday morning, August 11th, and, um, everything is well here in Forest Hills, Queens. I'm Sherry R. Singer. I've been living here since the day I married my husband Donald in, um, 1966.

And, um, I love Forest Hills, Queens. I like to take a walk around the neighborhood, I love the trees, and the, um, sound of the Long Island Railroad coming. Um, I have friends in the building, I have friends nearby, um, I go to my mother once every seven, eight days.

I take the subway, I walk to the subway, it's not far at all. Um, my husband's commute is very little, half an hour on the subway. So, that's why we like living here, and when we wanna go to Jersey, we get on the nearest parkway or we wanna go to Long Island.

I love the new mall, there's a new mall, Atlas mall, and they built it a year and a half ago and it has everything that you need. It's a very countrified setting with wonderful specialties stores and some good restaurants and it's only five minutes away. They give you parking there for a fee.

Um, I love to walk to Austin Street, I have doctors around here. Most of my doctors are in Queens, which makes it very convenient. I love the playgrounds. When my son was growing up, we used all the playgrounds and the parks, and, um, the weather here is great, all year long, you know, we have our seasons, that's what I like about, um, New York.

... the schools are wonderful ... um, the neighborhood here I love, the people are all different, you have every ethnic group. You have a lot of Asian people, you have, um, white, you have Chinese, you have, um, Hungarians, some Russians, and, um, everybody mixes in well ... and gets along ... and all their children play together, and, um, everybody's walking, doing their shopping. So, it's a nice mixture here.

Unit 3, p. 42, CD track 7

Live listening: Going through the system

(Sherry)

The schools are wonderful ... my son went through the system. He did, um, kindergarten through high school, and then he went on to the University *Bridgewater*, Connecticut, and graduated with a B+ average in business, um, science, got a bachelor's science degree ...

(Michelle)

In the United States a child will typically start school at the age of four by entering pre-K or pre-kindergarten. Once they have accomplished that they would enter elementary school which runs from kindergarten through the fifth grade and that would start at the age of five. By the time they graduate from elementary school they'd be at the age of ten. After that they enter middle school, which is sixth, seventh and eighth grade, the ages of eleven, twelve and thirteen. After that they would enter high school. Er, at ninth grade they'd be a freshman, in tenth grade they'd be a sophomore, by eleven they'd be a junior, and twelfth they would be a senior. Once they've gotten to that point they've graduated high school.

Unit 4, p. 65, CD track 11

Live listening: Can I manage without a car?

(Lavonda)

Could I manage without a car? Are you kidding me?! There's no way! I grew up in the American South, I didn't grow up in a big city, and in this town I don't think I could make it. There's an awful lot of walking I'd have to do and an awful lot of inconvenience for me, and ... I mean ... oh my gosh, groceries, carrying groceries on the bus and then walking, oh my gosh, how many blocks from the bus stop to my house up those big hills? There's no way I could do that! I just can't see it, not in this town.

(Ed)

Hm, if I could do without a car, um, I don't think I could do with a car. I live two blocks from school, I own two bicycles, and I think it's, um, great to be able to hop onto a bike and get some exercise and get somewhere faster than anybody in a car, almost, sometimes. Yes, thank you.

Unit 5, p. 81, CD track 16

Live listening: What I need

(Kerry)

Three things that I need in the office. Well I need a lot more than three things, but I certainly need a desk and a telephone. And I think the third thing would have to be a secretary who does the work for me and finds things.

(Ed)

So, my office, or working space would have to have, number one, a computer, be it a laptop or a PC. An ashtray. And a whole bunch of plants ... green ones.

(Lavonda)

Three things my office must have ... one of the main things is a water cooler. I love to drink cold water all day long, and I, I just couldn't imagine not having fresh water, um, and ... let's see ... another thing is a kitchen because we girls really like to get together and eat and bring in good food and socialize at lunch time, so we must have a kitchen with enough room for everyone to sit around and enjoy lunch. And another thing that my office must have is a window. I would be so depressed if I had to sit in a dark corner or cubicle all day long and I got no sunlight.

Unit 6, p. 96, CD track 18

Live listening: I just can't stop

(Jason)

I don't have many bad habits, but one bad habit that I have is chewing my nails. And it's really hard for me to stop, and I don't do it when I'm nervous, I just do it all the time ... and my mother asks me to stop but it's just too hard, so I just keep doing it.

(Lavonda)

I believe my worst habit is my addiction to food. I love to eat. I love to eat all kinds of things, food is my crutch and food is my hobby, and I love to cook. I love to read cook books, I love to watch food television, so, it's very difficult, being so food-focused to control the amount of food that I eat because I enjoy eating so much. It makes me feel good when I'm happy, it makes me feel good when I'm sad, it just feels good to eat. I love to eat.

Unit 6, p. 96, CD track 19

Live listening: Kicking that habit of mine

And although overeating is my worst habit, I'm trying very hard to kick that habit, and the reason I'm doing that is number one, I'm overweight and I don't feel very healthy, and I wanna feel good about myself, and I want to be able to wear the clothes that I like, and I wanna look in the mirror and like who I see, and I just want to feel good, I want to live longer, and so I decided, hey, food doesn't control me, I can get in control of this and so I have been trying very hard to control my portions, I've been losing weight, I've been moving a lot, I've been exercising, and when I look in the mirror and I try on my clothes and they're too big, and I have to go shopping and buy a smaller size, well, that's very motivating and as much as I love food, it just feels great to not eat so much and see the results that I'm getting.

And eat normal portions and exercise and, and feel so much better physically and mentally and just feel better about myself in general.

Unit 6, p. 98, CD track 20

Live listening: Paid vacation

In the United States we don't get as much vacation as European countries, um, on average. I work for a very large corporation, and after a year of employment, I get two weeks of paid vacation. That would be 10 business days, and usually I get ten paid holidays, so that would be twenty days per year that I get off, um, that are paid days. Um, I have been working for my company for a little over three and a half years, I still have a year and a half to go before I earn another week of vacation. And I really want that third week of vacation. That's one of the motivators for sticking with my job, now that I've been there for so long, is I know that in just a year and a half I get one more week.

Unit 7, p. 116, CD track 24

Live listening: Down Under

I'm quite conscious of our need to be environmentally kind to our planet. I live in a subtropical area. It's extremely hot in the summer but my house does not have air conditioning. Um, wintertime ... it's a mild winter but I don't have central heating. Um, because of the drought in Australia at the moment, we are conserving our water by minimizing our showers to four minutes. Our local council actually supplied us with egg timers, so that we'd know when the four minutes was up. Um, we also do not turn on the tap while we're cleaning our teeth, and we're not allowed to water our gardens. Within my home I'm very conscious of recycling. I have the bin all newspapers go into.

Unit 8, p. 130, CD track 26

Live listening: What makes a good employee?

What do I look for in a new employee? Firstly, I look for reliability, coupled with initiative. People who are self-starters, who are willing to, um, find work and do not wait for someone to come and present them with it. And I think the other important ingredient would be how they fit in with the people already working in that office or wherever the workplace may be. You need compatibility.

Unit 8, p. 130, CD track 27

Live listening: What makes a good employer?

A good employer is an employer who hires a new employee and from the start they give the employee the benefit of the doubt. They hire this person because they thought they were the

best person for the job and they should treat them that way until proven otherwise. A good employer shouldn't be overbearing and shouldn't micromanage everything that their employee does, and just give that employee the chance to prove themselves and then, a good employer should also step in when an employee isn't doing a good job and give them constructive criticism. And, you know, give them a second chance if it's deserved.

Unit 9, p. 146, CD track 31

Live listening: The service at my bank

We have some CDs (*cash dispenser*) and we have, um, um, checking account in the Chase here, and the Immigrant, and I'm always being taken care of there when you come in. They have good service, they take care of you, they ..., um, you get statements, and, um, it's never really a long line, you're in and out.

Unit 9, p. 149, CD track 32

Live listening: Cash or card?

(Lavonda)

I don't really use a lot of cash. I find that if I have cash on me, then I will spend more money than if I didn't have cash. Um, I often find that I'll just buy little things here and there, a dollar, two dollars, and before I know it, all my cash is gone. Whereas if I don't have cash, I'm not going to use my debit card or my credit card for one, two-dollar purchases. Um, also, when I have cash, I find ... let's see ... the thing that I spend most money on is food, cause I love food ... and if I have cash I'll tend to always pay the tip with cash, even if I use a credit card to buy dinner. I ... seems like that's the thing that I spend my cash on most often.

(Kerry)

When do I use cash and when do I use credit card? Well, of course, I use the credit card when I'm making a purchase which is a fairly high amount of money and I wouldn't be normally carrying that money in cash on me. Cash, I must admit I use for all small purchases, um, including the shopping at the supermarket. I still tend to use cash. I think people still have the feeling that coins and notes are real money and that they have better control of their finances if they take it out of their pocket or their purse than having it booked off a credit card.

(Ed)

Ok now, talking about, um, methods of payment and how I pay. I'm an old-fashioned type of person. I carry a whole bunch of cash in my pocket, I have a credit card and a debit card, but I very rarely use them because they're too much of a bother.

Unit 10, p. 170, CD track 37

Live listening: Where I live

I'm very fortunate to live in one of the most beautiful parts of the world. It's called the Gold Coast, Queensland, Australia. We are fortunate enough to have a strip of uninterrupted beaches, covering some sixty kilometers. Um, the climate is excellent, my neighbourhood is quiet because I don't live right in the heart of Surfers Paradise, where most of the tourists stay. But we have all the advantages of theme parks, casinos, theatre, movie theatres, of course, um, wonderful restaurants, and, there's a good saying about Queensland: "Beautiful one day, perfect the next".

Unit 10, p. 170, CD track 38

Live listening: Going to Europe 1

(Jan)

Um, I would consider myself an avid traveller, I've been travelling backwards and forwards to Europe since 1972. But I'm finding now in this day and age travelling is made so much more complicated and difficult because of our terrorism problems throughout the world. Um, we can't take this, we can't take that. But I do very much enjoy coming to Europe. I find that it's always a safe environment. Once you get there I'm very pleased to have arrived safely with no interruptions to the flight ... and then recovering from the jetlag.

Unit 10, p. 170, CD track 39

Live listening: Going to Europe 2

(Sherry)

Um, I've never travelled international because I'm not really fond of flying. Been to Las Vegas and Florida but if I do go to Europe, I would love to go to Switzerland and see the Alps and see the people skiing, and the quaint villages. Um, I would love to go to Ireland cause it's so green and the pastures and the sheep. And, um, the little pubs. And I would love to go to Paris to see the beautiful, um, the Eiffel Tower, all the sights, the cafés, and just all their history. Those are the three places I would love to go and I hope one day I will.